# Sex- and Disease-Specific Inflammasome Signatures in Circulating Blood Leukocytes of Patients with Abdominal Aortic Aneurysm

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Male sex is a risk factor for abdominal aortic aneurysm (AAA). Within the AAA adventitia, infiltrating leukocytes express high levels of inflammasome components. To further elucidate the role of inflammatory cells in the pathogenesis of AAA, we here addressed expression and functionality of inflammasome components in peripheral blood mononuclear cells (PBMC) of AAA patients in association with sex. PBMC and plasma were isolated from 100 vascular patients, including 34 pairs of AAA patients and age/sexmatched non-AAA patients. Male PBMC were found to express significantly higher mRNA levels of *AIM2, NLRP3, ASC (PYCARD), CASP1, CASP5,* and *IL1B* (all P < 0.0001) than female PBMC. Within the male patients, PBMC of AAA patients displayed increased mRNA levels of *NLRP3* (P = 0.044), *CASP1* (P = 0.032) and *IL1B* (P = 0.0004) compared with matched non-AAA PBMC, whereas there was no difference between female AAA and non-AAA patients. The relative protein level of NLRP3 was significantly lower in PBMC lysates from all AAA patients than in matched controls (P = 0.038), whereas AIM2 and active Caspase-1 (p10) protein levels were significantly increased (P = 0.014 and P = 0.049). ELISA revealed significantly increased IL-1 $\alpha$  (mean = 6.34 versus 0.01 pg/mL) and IL-1 $\beta$  plasma levels (mean = 12.07 versus 0.04 pg/mL) in AAA patients. The data indicate that male PBMC display a systemic proinflammatory state with primed inflammasomes that may contribute to AAA-pathogenesis. The AAA-specific inflammasome activation pattern suggests differential regulation of the sensors AIM2 and NLRP3 in inflammatory cells of AAA patients.

Online address: http://www.molmed.org doi: 10.2119/molmed.2016.00035

### INTRODUCTION

Dilatation and potential rupture of abdominal aortic aneurysm (AAA) result in high morbidity and mortality rates. Epidemiological studies identified age, hypertension, smoking and male sex as major risk factors for AAA. Currently, surgical or endovascular repair is the major therapeutic option to prevent life-threatening disease progression. Despite increasing knowledge on histopathological features of AAA from human tissue and animal studies, potential targets for prediction of the individual rupture risk and for efficient pharmaceutical interventions to attenuate expansion remain to be identified (1,2).

A driving force in the pathogenesis of AAA is chronic inflammation, resulting in progressive remodeling and deterioration of the aortic wall (3). Recent findings on vascular cell biology have

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Submitted February 2, 2016; Accepted for Publication July 11, 2016; Published Online (www.molmed.org) July 29, 2016.

Feinstein Institute for Medical Research Northwell Health elucidated the role of innate and adaptive immune cells in AAA pathogenesis (4). Among the immune cells, which accumulate in the aneurysm wall, are T-cells, B-cells, macrophages (3), mast cells (5) and neutrophils (6). The most important mediators associated with AAA include matrix metalloproteinases and cytokines, which are released from different cell types within the aneurysm wall (4). Accordingly, locally increased messenger ribonucleid acid (mRNA) and protein levels of tumor necrosis factor  $\alpha$ (TNF- $\alpha$ ), interferon- $\gamma$  (IFN- $\gamma$ ) and interleukin 1 $\beta$  (IL-1 $\beta$ ) have been identified as the most prominent cytokines in AAA tissue samples (7). In addition, we have recently demonstrated elevated levels of inflammasome components in lymphocytic infiltrates of AAA (8). Assembly of these inflammasomes is in turn required for Caspase-1-dependent processing

and activation of IL-1 $\beta$  from its inactive precursor form (9). We thus hypothesized that the inflammasome pattern in tissue-infiltrating and peripheral leukocytes of AAA patients might differ from that in individuals without AAA.

The inflammasomes are a family of cytoplasmic multiprotein complexes for danger signal recognition that are induced by pathogens or cell debris (damage associated molecular patterns, (DAMPS)) (9,10). Expression levels of the inflammasome components are tightly regulated in different cell types and require a two-phase induction: a priming signal stimulates gene expression of inactive precursors before a second signal can stimulate assembly of the multiprotein complex consisting of sensor proteins, the adaptor protein apoptosis-associated speck-like protein with a caspase activation and recruitment domain (ASC) and inflammatory caspases (Caspase-1 or Caspase-5). Upon assembly, the caspases are enzymatically cleaved by the complex resulting in their active form, which then stimulates enzymatic cleavage of IL-1β and Interleukin-18 (IL-18) from inactive precursors (9). Depending on the initial sensor, several subfamilies are distinguished: The NOD-like receptors (NLR), including NLRP3 and others, act as sensors for intracellular damage associated signals such as cholesterol crystals, nanoparticles, reactive oxygen species and others. A second subfamily, including Absent in Melanoma 2 (AIM2) acts as sensors for intracellular dsDNA (9).

The disease-specific regulation of inflammasome expression and activation in circulating blood mononuclear cells of AAA patients is currently unknown. Considering the locally increased level of inflammasomes and inflammasomepriming cytokines in AAA tissue, we investigated whether this pattern is reflected in PBMC of AAA patients. Because it is well accepted that AAA predominantly affects male patients, we additionally analyzed differences in inflammasome activities between male and female AAA and non-AAA individuals.

# MATERIALS AND METHODS

# Blood Samples and Patient Characteristics

Venous blood was taken from vascular patients on the day of their hospitalization, according to the standard operating procedures of the Vascular Biobank Heidelberg (VBBH). All patients gave their written informed consent to the study, which was approved by the ethical committee of the University of Heidelberg (S-301/2013 and S-412/2013). The blood was processed for further studies within 4 h after venipuncture. A total of 100 blood samples were consecutively included in the study (62 from male, and 38 from female patients) and analyzed for mRNA expression. The reasons for hospitalization (type of vascular disease), additional previous or chronic diseases, as well as sociodemographic and clinical data of the patients were obtained from the hospital's information system. Blood from a subset of 34 AAA patients (hospitalized for open or endovascular intervention of their AAA) was sex- and age-matched to 34 non-AAA patients (hospitalized for treatment of peripheral artery disease (PAD) or carotid artery stenosis, with no evidence for current aortic aneurysms). These 34 pairs were additionally investigated by Western blot and plasma analysis. Patients' characteristics are shown in Table 1. All patients (AAA and controls) were examined for their aortic diameter by duplex sonography, prior

Table 1A. Patient characteristics according to sex.

	Male patients ( $N = 62$ )	Female patients (N = 38)	(N = 38) <i>P</i> -Value <sup>a</sup>	
Risk Factors				
Age (years ± SD)	67.50 ± 9.81	64.18 ± 12.19	0.138	
Smoking (No.)	61.29%(38/62)	55.88%(19/34)	0.667	
Hypertension (No.)	93.44%(57/61)	91.18%(31/34)	0.698	
Diabetes (No.)	22.58%(14/62)	20.59%(7/34)	1.000	
Statin use (No.)	86.89%(53/61)	76.47%(26/34)	0.254	
Type of vascular disease				
AAA (No.)	43.55%(27/62)	18.42%(7/38)	0.016	
Carotid stenosis (No.)	32.26%(20/62)	21.05%(8/38)	0.259	
PAD (No.)	16.13% (10/62)	42.11%(16/38)	0.005	
Other vascular diseases				
(limb vessel malformations,	8.06%(5/62)	18.42%(7/38)	0.203	
angina abdominalis) (No.)				

Table 1B: Characteristics of patients with AAA and non-AAA (control).

	AAA (N = 34)	Control (N = $34$ )	<i>P</i> -Value <sup>a</sup>
Risk Factors			
Age (years) ± SD	68.76 ± 7.36	69.44 ± 7.00	0.699
Smoking (No.)	61.76% (21/34)	61.76% (21/34)	1.000
Hypertension (No.)	97.06% (33/34)	94.12% (32/34)	1.000
Diabetes (No.)	11.76% (4/34)	35.29% (12/34)	0.043
Statin use (No.)	85.29% (29/34)	79.41% (27/34)	0.752
Cholesterol level (mg/dl) ± SD Inflammmatory parameters	175.61 ± 32.88	164.84 ± 48.18	0.308
$CRP(mg/dl) \pm SD$	13.97 ± 24.61	17.03 ± 29.89	0.660
Leucocytes (x10 <sup>3</sup> / $\mu$ L) ± SD	7.79 ± 1.83	9.08 ± 3.18	0.049
Max aortic diameter			
( <i>cm</i> ) ± SD	5.81 ± 0.95	1.96 ± 0.57	< 0.00001

<sup>a</sup>Data was analyzed using Student t test or Chi square test.

to their hospitalization for treatment. All AAA patients and 10 of the control patients were additionally examined by preoperative multislice computed tomographic angiography. For all patients (AAA and controls), the timeframe between their latest aortic imaging and venipuncture for the study was less than six months, generally within one month. Within the control group, three patients had undergone a previous aortic repair due to aneurysm dating back more than five years.

### **Blood Separation**

Separation of plasma and PBMC from blood was performed as described previously (11). After separation, half of each PBMC pellet was lysed in RIPA buffer (50 mmol/L Tris-HCl, pH 7.5, 150 mmol/L NaCl, 0.5% sodium deoxycholate, 0.1% SDS, 0.5% NP-40, complemented with protease inhibitor Mix G, Serva) for protein analysis. The second half was lysed in RLT-buffer (RNeasy mini Kit, Qiagen) for RNA extraction. Lysates were frozen for cryopreservation at –80°C until further usage.

### **RNA Extraction and qPCR Analysis**

Total RNA was extracted from cryopreserved PBMC pellets using RNeasy mini Kit (Qiagen) according to the manufacturer's instructions. For expression analysis, 0.2 µg of the total RNA was reverse transcribed using oligo-dT primers and SuperScript III reverse transcriptase (Life Technologies) as described previously (8). The StepOnePlus Real time PCR System (Life Technologies) was used for mRNA level analysis of AIM2, NLRP3, ASC (PYCARD), CASP1, CASP5 and IL1B transcripts. Reagents and qPCR primers have been described previously (11).  $C_{T}$  values were analyzed at a C<sub>t</sub> threshold of 0.34. Relative mRNA expression of inflammasome genes was calculated by using individual standard curves and normalized to the mean values of three reference genes (GAPDH, B2M, and ACTB).

## Western Blotting

PBMC samples were lysed in RIPA buffer and homogenized by ultrasound. Twenty µg of each lysate were separated by SDS-PAGE an blotted onto nitrocellulose (0,45 µm for detection of AIM2, NLRP3, ASC; 0,2 µm for detection of Caspase-1 (p10 and p50). Paired samples were loaded side by side to ensure comparability. Detection of proteins was performed over night with primary antibodies diluted in appropriate buffers as recommended by the manufacturers. AIM2 (D5X7K) rabbit mAb, NLRP3 (D2P5E) rabbit mAb, cleaved caspase-1 (D57A2) rabbit mAb, and GAPDH (D16H11)XP rabbit mAb were purchased from Cell Signaling Technology, ASC rabbit pAb was obtained from Enzo Life Sciences, Caspase-1 p10 rabbit pAb was from Santa Cruz Biotechnology. Anti-rabbit IgG HRPlinked secondary antibody (Cell Signaling Technology) and Western-lightning plus ECL (Perkin Elmer) were used for detection by chemoluminescence. For relative quantification, signals of equal exposure times were densitometrically analyzed with ImageJ and normalized to corresponding GAPDH signals.

# **ELISA**

Active, cleaved IL-1 $\alpha$  (p18) and IL-1 $\beta$ (p17) in plasma from patients were quantified by the Duo-Set ELISA Development systems for human IL-1 $\alpha$  or IL-1 $\beta$ , respectively (R&D Systems Europe) according to the recommendations of the manufacturer.

# Tissue Samples and Immunohistochemistry

Formalin-fixed and paraffin-embedded biopsies derived from AAA patients were provided by the Vascular Biobank Heidelberg (VBBH) (approved by the ethical committee of the University of Heidelberg; S-412/2013). Processing and immunohistochemical staining was performed following standard procedures as described previously (8) by using the following antibodies: anti-AIM2 (Sigma Prestige Antibodies; dilution 1:200), anti-NLRP3 (Cell Signaling Technology, dilution 1:500).

### **Statistical Analysis**

All data was analyzed by IBM SPSS version 21 (IBM Corp). Figures were prepared using GraphPad Prism (GraphPad). Mann Whitney U test was performed to analyze the relative mRNA levels within the 100 vascular patients according to sex. To control for confounding, multivariate analysis was performed by logistic regression for each mRNA. The mRNA levels of male and female patients were adjusted for AAA and PAD, because these variables appeared to differ significantly between both sexes (Table 1A). Next, results from AAA patients were compared with age- and sex-matched controls (vascular patients without AAA) in a matched case-control study. The mRNA and protein levels of matched patients were analyzed by the Wilcoxon signed rank test for univariate analysis. The median, minimum and maximum were determined to be displayed in the figures and tables. To control for confounding, multivariate analysis was performed by conditional logistic regression. Matched pairs of individual mRNA levels were adjusted for history of smoking, hypertension, diabetes and hyperlipidaemia. Spearman's rank correlation coefficients were determined to assess the linear association between mRNA levels and clinical parameters (such as cholesterol level, CRP, leukocyte count, maximal AAA-diameter). P values below 0.05 were interpreted as significant.

All supplementary materials are available online at www.molmed.org.

## RESULTS

# Inflammasome-Related mRNA Levels in PBMC Are Significantly Higher in Male than in Female Vascular Patients

Because women are known to experience lower rates of inflammatory diseases (12) and AAA incidence is approximately four times higher in men than in women, we initially compared the relative mRNA levels of AIM2, NLRP3, ASC, CASP1, CASP5 and IL1B in native PBMC of 100 consecutively hospitalized male (n = 62) and female (n = 38) patients with different vascular diseases. As shown in Table 2, the relative mRNA levels of all tested inflammasome components were significantly higher in PBMC from male than in PBMC from female patients (AIM2: 1.03 versus 0.73, *P* = 0.00009; *NLRP3*: 1.59 versus 0.58, *P* = 0.000038; *ASC* = 2.89 versus 1.24, *P* = 0.000004; *CASP1*: 1.06 versus 0.67, *P* = 0.000004; *CASP5*: 1.22 versus 0.18, *P* < 0.000001; *IL1B*: 2.34 versus 0.25, *P* < 0.000001). In contrast, cardiovascular risk factors such as age, smoking or hypertension did not differ between male and female patients (Table 1A). Moreover, statin use, which might interfere with systemic inflammation, was similar in both sexes (Table 1A).

Univariate logisitc regression revealed highly significant odds ratio (OR) of the individual mRNA levels for male sex (*AIM2*: OR = 5.66, P = 0.001; *NLRP3*: OR = 2.04, P = 0.005; *ASC*: OR = 1.79, P = 0.001; *CASP1*: OR = 8.75, P = 0.0003; *CASP5*: OR = 8.15, P = 0.000014; *IL1B*: OR = 1.54, P = 0.002). After adjustment for AAA and PAD as possible confounding diseases, all inflammasome mRNA levels in PBMC were still significantly associated with male sex (Table 3).

# Inflammasome-Related mRNA Levels in PBMC Differ between Male AAA and Non-AAA Control Patients

As expected, among the consecutively enrolled vascular patients in this study, the rate of AAA patients was significantly higher (P = 0.016) in male (27/62) than in female (7/38) (Table 1A). To further explore inflammasome activities particularly in PBMC of AAA patients, the relative mRNA levels of *AIM2*, *NLRP3*, *ASC*, *CASP1*, *CASP5* and *IL1B* derived from the subgroup of 34 AAA patients were analyzed separately and compared with 34 ageand sex-matched controls. *CASP1* and

 Table 2. Relative mRNA levels of inflammasome components in PBMC normalized to

 ACTB/GAPDH/B2M.
 Data are derived from 62 male and 38 female patients.

Target genes	Male Median (range)	Female Median (range)	P- Value <sup>a</sup>
AIM2	1.03 (0.14–9.42)	0.73 (0.04–1.72)	0.00009
NLRP3	1.59 (0.42–9.90)	0.58 (0.01-4.88)	0.000038
ASC (PYCARD)	2.89 (0.75–13.74)	1.24 (0.39–6.56)	0.000004
CASP1	1.06 (0.41–4.47)	0.67 (0.19–2.25)	0.000004
CASP5	1.22 (0.00-5.58)	0.18 (0.01–2.01)	< 0.000001
IL1B	2.34 (0.07–45.06)	0.25 (0.00–10.67)	< 0.000001

<sup>a</sup>Data was analyzed using the Mann Whitney U test.

 Table 3. Logistic regression to identify independent variables associated with male sex.

Target Genes	Without adjustment			With adjustment <sup>a</sup>		
	Odds Ratio	95% CI	P- Value	Odds Ratio	95% CI	P- Value
AIM2	5.66	2.12-15.09	0.001	4.81	1.79–12.90	0.002
NLRP3	2.04	1.24-3.35	0.005	1.78	1.06-3.01	0.030
ASC	1.79	1.27-2.52	0.001	1.71	1.20-2.42	0.003
CASP1	8.75	2.67-28.68	0.0003	7.21	2.14-24.29	0.001
CASP5	8.15	3.16-21.04	0.000014	8.66	3.03-24.79	0.00006
IL1B	1.54	1.18–2.03	0.002	1.51	1.13–2.01	0.005

<sup>a</sup>Each gene was individually adjusted for AAA and PAD.

*IL1B* mRNA levels were again found to be significantly increased in PBMC of AAA patients (*CASP1*: P = 0.028; *IL1B*: P = 0.0001, both sexes). In contrast, the relative mRNA levels of *AIM2*, *NLRP3*, *ASC*, and *CASP5* did not differ between PBMC from AAA patients and controls (Supplementary Figure S1 and Supplementary Table S1).

When male and female AAA patients were analyzed separately, none of the inflammasome mRNAs were found to differ between female AAA and female non-AAA patients (Figure 1 A–F and Supplementary Table S2). In contrast, CASP1 and IL1B mRNA expressions were again found to be significantly increased in PBMC from male AAA patients when compared with matched PBMC from male non-AAA patients (median<sub>CASP1</sub> = 1.21 versus 1.11, P = 0.032; median<sub>IL1B</sub> = 4.65 versus 1.56, P = 0.0004, Figure 1D and F). In addition, NLRP3 mRNA was significantly increased in PBMC from male AAA patients (median<sub>NLRP3</sub> = 1.96 versus1.54; P = 0.044, Figure 1B and Supplementary Table 2). Finally, male AAA patients showed a higher mRNA expression of AIM2, ASC, CASP1, and CASP5 than female AAA patients in their PBMC (each *P* < 0.05; Figure 1).

We next analyzed whether the mRNA levels in male and female AAA patients are associated with clinical parameters (cholesterol level, leuko-cyte count, CRP, AAA-diameter). No correlations were found between any of the inflammasome mRNA levels and disease parameters in male patients. In contrast, the *CASP5* mRNA level in PBMC of female patients was found to correlate positively (r = 0.775; P = 0.041) with the maximal AAA diameter (Figure 2).

# mRNA Levels of Inflammasome Components Correlate with Each Other in PBMC of AAA Patients

Within the AAA patients, Spearman's correlation test revealed a strong positive correlation of the inflammasome mRNA levels in PBMC with







**Figure 2.** Correlation of *CASP5* mRNA expression in PBMC of female AAA-patients. Spearman's rank test was used for analysis.

each other (Supplementary Table S3): The AIM2 mRNA level correlated positively with *ASC* (*r* = 0.664; *P* < 0.0001), CASP1 (r = 0.673; P < 0.0001), CASP5 (*r* = 0.501; *P* = 0.003), and *IL1B* mRNA levels (*r* = 0.454; *P* = 0.007). The *NLRP3* mRNA level correlated positively with ASC (r = 0.391; P = 0.022), CASP1 (r = 0.544; P = 0.001), CASP5 (r = 0.682;P < 0.0001) and *IL1B* (r = 0.571; P = 0.0004). In addition, the ASC mRNA level correlated positively with CASP1 (r = 0.853; P < 0.0001), CASP5 (r = 0.742;P < 0.0001), and *IL1B* mRNA levels (*r* = 0.470; *P* = 0.005). The *CASP1* mRNA level correlated positively with CASP5 (*r* = 0.778; *P* < 0.0001), and *IL1B* mRNA levels (*r* = 0.553; *P* = 0.001). Finally, the CASP5 mRNA level was positively correlated with IL1B mRNA level (r = 0.578; P = 0.0004). No correlation was found between AIM2 and NLRP3 mRNA levels.

## The IL1B mRNA Level in PBMC Is an Independent Risk Factor for AAA

To test, whether one of the mRNAs is an independent risk factor for AAA, we performed conditional regression analyses. When sex- and age-matched pairs of AAA and control samples were adjusted for history of smoking, hypertension, diabetes and hyperlipidaemia, the *IL1B* mRNA level in PBMC but not the mRNA levels of other inflammasome components was found to be an independent risk factor for AAA with an (OR) of 2.91 (95% CI = 1.01-8.39; P = 0.048; Table 4).

#### Table 4. Conditional logistic regression to identify independent risk factors for AAA.

	Without adjustment			With adjustment <sup>a</sup>		
Target Genes	Odds Ratio	95% CI	P- Value	Odds Ratio	95% CI	P- Value
AIM2	0.71	0.35-1.47	0.358	0.99	0.43-2.31	0.981
NLRP3	1.28	0.87-1.90	0.214	1.53	0.19-12.65	0.693
ASC	1.14	0.90-1.45	0.292	0.58	0.10-3.25	0.534
CASP1	2.02	0.78-5.24	0.150	40.85	0.12->999.99	0.213
CASP5 IL1B	0.88 1.95	0.51–1.50 1.15–3.32	0.629 0.014	0.14 2.91	0.003–5.41 1.01–8.39	0.289 0.048

<sup>a</sup>Adjusted for smoking history, hypertension, diabetes and hyperlipidemia.

# AIM2 and Mature Caspase-1 (p10) Protein Levels Indicate Increased Inflammasome Activity in PBMC from AAA Patients

We next determined protein levels of AIM2, NLRP3, ASC, and Caspase-1 in PBMC lysates by Western blotting. Because lysates were available only from 29 pairs of AAA patients and matched controls (26 male and 3 female), PBMC were not analyzed separately according to sex. In concordance with the mRNA data, the level of ASC protein was similar in PBMC from AAA patients and controls (Figure 3 and Supplementary Table S4). In contrast, the protein levels of the inflammasome sensors AIM2 and NLRP3 did not reflect the corresponding mRNA levels. In fact, the relative AIM2 protein level was significantly higher in PBMC from AAA patients than in other vascular patients (median = 0.98 versus 0.64; *P* = 0.014; Figure 3A). Interestingly, the damage sensor NLRP3 displayed opposite protein levels. In contrast to the NLRP3 mRNA level, NLRP3 protein levels were significantly lower in PBMC from AAA patients than in other vascular patients (median = 0.03 versus 0.05; P = 0.038; Figure 3B).

Considering that inflammasome assembly and processing of Caspase-1(p50) result in cleavage and release of active Caspase-1 (p10), the protein levels of p50 and p10 were analyzed separately. Pro-Caspase-1 (p50) levels were similar in PBMC from all patients (Figure 3D), whereas PBMC from AAA patients contained significantly more active Caspase-1 (p10) than the control group (median = 0.43 versus 0.34, P = 0.049; Figure 3E).

# Mature IL-1 $\alpha$ and IL-1 $\beta$ in Plasma of a Subset of AAA Patients Indicate Inflammasome-Mediated Caspase-1 Activity

Circulating mature IL-1 $\alpha$  (p18) and IL-1 $\beta$ (p17) were detected by ELISA in plasma of a subset of patients. Five out of the 34 AAA patients displayed heavily increased IL-1 $\beta$  plasma levels (3.9–178.7 pg/mL). Four out of these five patients simultaneously displayed increased IL-1a (2.2-103.2 pg/mL). In non-AAA patients, both, mature IL-1 $\alpha$  (p18) and IL-1 $\beta$  (p17) were below 2.0 pg/mL. The median IL-1 $\alpha$ (p18) and IL-1 $\beta$  (p17) concentrations were significantly higher in plasma of AAA-patients compared with controls (*P* = 0.000018 and *P* = 0.00017, respectively; Figure 3F and Supplementary Table S5). Together with the elevated Caspase-1 (p10) levels, this indicates that inflammasome assembly and full functionality is increased in blood cells from AAA patients, in comparison to blood cells from other vascular patients.

## AIM2 and NLRP3 Expression in Leukocytic Infiltrates of AAA Tissue

Because AIM2 protein levels were increased in PBMC of AAA patients, whereas NLRP3 protein levels were reduced compared with controls, the





expression of both inflammasome sensors was addressed in corresponding tissue specimens derived from AAA patients. Biopsies of the aneurysm wall corresponding to PBMC samples of the AAA group were available from six male and one female patient, who underwent open surgery for aortic repair. Histological analysis of these biopsies (2-3 tissue specimens from each patient) revealed a high inflammation grade with massive infiltration of leukocytes in the adventitia. In five out of the seven aneurysms, these leukocytic infiltrates displayed strong AIM2 expression, whereas NLRP3 was only detected once by immunohistochemical analysis in adventitia infiltrates. In contrast, AIM2 and NLRP3 positive leukocytes were equally detected in atherosclerotic areas of all aneurysm walls (Figure 4).

To investigate whether this AIM2/ NLRP3 expression pattern is characteristic for AAA, we analyzed 86 additional aneurysm biopsies derived from 42 AAA patients that were provided by the Vascular Biobank Heidelberg (VBBH), by immunohistochemistry. In 97.9% of AAA patients, AIM2-positive leukocytes were detected in atherosclerotic plaque areas of the intima. Similarly, in 97.9% of AAA patients, NLRP3-positive leukocytes were detected in these areas of the aneurysm wall. In contrast, the leukocyte infiltrates in the adventitia were more often positive for AIM2 than for NLRP3 expression (87.0% versus 58.7% of patients in grade 2 infiltrates; 50.0% versus 33.3% of patients in grade 3 infiltrates) (a more detailed analysis of these biopsies will be published separately).

## DISCUSSION

Differential expression and activation of inflammasomes in PBMC may reflect systemic inflammatory responses via the innate immune system to specific disease states. This study reports that mRNA levels of major inflammasome signaling components are generally higher in PBMC derived from male than female vascular patients, independent from their clinical background and age. Within the group of AAA patients, *AIM2*, *ASC*, *CASP1*, and *CASP5* mRNA levels were again found to be significantly higher in PBMC from male than female AAA patients. Furthermore, *NLRP3*, *CASP1*  and *IL1B* mRNA levels were increased in PBMC from male AAA versus male control patients. Together, this indicates a systemic proinflammatory state in male AAA patients with "priming" (transcriptional activation by a first danger signal) of three inflammasome components in their PBMC. In addition, increased protein levels of AIM2 and active Caspase-1 (p10) in PBMC lysates, in combination with elevated IL-1 $\alpha$  and IL-1 $\beta$  levels in corresponding plasma, indicate that AAA patients display increased activities of fully assembled inflammasome complexes in their PBMC.

Sex-dependent differential activation of inflammasome components in immune cells has been reported previously from animal models and patients with other inflammatory diseases: *Aim2* mRNA and Aim2 protein levels in splenic cells of male mice have been described to be significantly higher as compared with age-matched female mice, and the male hormone androgen was shown to positively regulate AIM2 expression in immune cells (13). In male patients with systemic lupus erythematosus (SLE), increased *AIM2* mRNA was

Patient 7



Figure 4. Immunohistochemical analysis of NLRP3 and AIM2 expression in AAA infiltrates. Examples of two AAA biopsies, corresponding to PBMC samples of the same AAA-patient are shown. Arrows point to infiltrating inflammatory/immune cells positive for AIM2 or NLRP3 proteins, respectively. Upper layer: atherosclerotic area at the luminal site. Lower layer: lymphoid infiltrates within the adventitia of the same patient. Original magnifications: 200-fold.

# Patient 1

detected in unstimulated macrophages, when compared with healthy male controls, whereas NLRP3 mRNA was found to be elevated in female SLE patients as compared with female healthy individuals. (14). Our study adds to these findings by demonstrating that in vascular patients, mRNA levels of the inflammasome components AIM2, NLRP3, ASC, CASP1, CASP5 and IL1B in PBMC are basically higher in male than in female individuals. Furthermore, NLRP3, CASP1 and IL1B mRNA levels appear to be increased in PBMC from male AAA versus male control patients, whereas no difference was found between female AAA and non-AAA patients. On the one hand, this sex difference in inflammasome priming may explain in part why male sex is a risk factor for AAA development. On the other hand, these variations illustrate the importance of analyzing mRNA levels in peripheral blood cells separately according to sex and disease. Obviously, the patient's sex strongly impacts the innate immune response to certain inflammatory diseases. In addition, we have recently reported that mRNA levels of inflammasome components in PBMC increase with age (11). Consequently, the AAA patients of the present study were matched for both sex and age, to detect true AAA-related differences of inflammasome activities in PBMC.

Increased mRNA levels of inflammasome components in PBMC have also been reported from other cardiovascular diseases. Similar to our findings in AAA patients, the mRNA levels of NLRP3, CASP1 and IL1B were found to be increased in peripheral blood monocytes from patients with coronary artery disease / atherosclerosis compared with controls (patients with stable angina or acute coronary syndrome, respectively) (15). Thus, the simultaneously increased mRNA levels of NLRP3, CASP1 and IL1B appear to be associated with a systemic proinflammatory state of peripheral blood monocytes in the background of an advanced atherosclerotic disease such as coronary heart disease or AAA.

In contrast, NLRP3, CASP1 and IL1B mRNA levels were found to be decreased in PBMC from patients with autoimmune diseases, such as SLE patients (16) or patients with rheumatoid arthritis, as compared with age- and sex-matched healthy individuals (17). PBMC are a mix of different peripheral immune cells, composed of monocytes, B- and T-lymphocytes. The coordinated regulation of three inflammasome genes suggests that it may stem from one certain cell type. This hypothesis is further supported by our observation that the levels of all inflammasome mRNAs in PBMC from AAA and non-AAA patients strongly correlated with each other. However, it is unclear so far whether the inflammasome genes are transcriptionally upregulated in one cell type, that is, monocytes, or whether the percentage of this cell type-expressing constant levels of inflammasome genes per cellis increased within the PBMC of AAA patients.

Of note, one inflammasome component was closely associated with disease parameters in AAA: CASP5 mRNA levels were positively correlated with the maximal diameter of the aneurysm in female, but not in male AAA-patients. Moreover, median CASP5 mRNA levels were higher in female AAA-patients compared with female non-AAA patients, although the difference was not significant. This data is based on the limited number of seven female AAA-patients, so far, and needs further investigation within a larger patient cohort before it may be considered as a potential peripheral blood biomarker for AAA progression in female.

To our knowledge, this is the first study showing that the *IL1B* mRNA level in PBMC is an independent risk factor for AAA. The data corresponds well with previous studies on AAA tissue, where *IL1B* mRNA levels were found to be increased compared with healthy aortas (7,8). *IL1B* encodes the inactive precursor of IL-1 $\beta$  that requires Caspase-1 mediated enzymatic cleavage to become active. Increase of *IL1B* may

thus be considered an initiating, ratelimiting step in the priming of inflammasome function (9). Consequently, the increased *IL1B* mRNA level in PBMC of AAA patients could indicate early steps of an inflammatory response to the tissue remodeling in the aortic wall.

Besides detecting increased inflammasome mRNA levels, our study provides evidence for full inflammasome assembly and increased Caspase-1 activation in PBMC from AAA-patients. Both active Caspase-1 (p10) and its cleavage products, mature IL-1α (p18) and IL-1<sub>β</sub> (p17), were elevated in peripheral blood of AAA-patients, demonstrating a strong inflammatory response. Our data are in line with previous reports on IL-1 plasma/serum levels of AAA patients. Yates et al., have shown increased IL-1 $\alpha$  serum levels in AAA-patients that correlated positively with the maximal AAA-diameter before surgery (18). Interestingly, IL-1α serum levels dropped significantly six months after endovascular repair in these patients. Significantly higher amounts of circulating IL-1ß were found to be associated with AAA in a study of 50 AAA patients, 42 patients with coronary heart disease and 38 healthy controls (19). The importance of circulating IL-1 $\beta$  in AAA pathogenesis is further emphasized by animal studies, demonstrating that genetic and pharmacologic disruption of IL-1ß signaling inhibits experimental abdominal and thoracic aortic aneurysms formation (20,21). Finally, since it is well accepted that blood monocytes from patients with autoinflammatory syndromes release more processed IL-1 $\beta$  than cells from healthy subjects and thus likely account for the inflammation in these diseases (22,23), AAA may be considered an autoinflammatory disease.

It should be noted here that maturation and release of IL-1 $\alpha$  and IL-1 $\beta$  is not fully restricted to inflammasome-mediated caspase-1 activity (24,25) and that caspase-1 appears to have additional functions independent of IL-1 maturation (26). Thus, although our data suggest a role of inflammasome-mediated activation of caspase-1 and IL-1 in PBMC of AAA patients, the precise cellular origin of these compounds and their activation mechanism in AAA needs to be investigated. Future analysis of peripheral blood cells by flow cytometry, which is currently performed in our research group, will help to differentiate inflammasome regulation in different peripheral immunophenotypes from patients with AAA and thus elucidate their contribution to IL-1 production and pathogenesis. In addition to inflammasome activities in peripheral blood leukocytes, infiltrating inflammatory/immune cells within the aneurysm wall may likewise contribute to IL-1 concentrations in plasma.

Interestingly, here AIM2 protein levels were increased, whereas NLRP3 protein levels were decreased in PBMC of AAA patients. This indicates a predominant role of AIM2 inflammasomes in AAA. The immunohistochemical analysis of corresponding AAA-tissue from patients supported this hypothesis: In five out of seven corresponding aneurysms, leukocytic infiltrates displayed strong AIM2 protein expression, whereas NLRP3 was only detected once by immunohistochemical analysis in adventitia infiltrates. In additional 86 biopsies of AAA adventitia, AIM2 protein expression was again much more prominent than NLRP3 protein expression. Whether these adventitia-infiltrating immune cells are derived from peripheral blood cells that invaded the tissue, and whether inflammasome activation occurred before or after tissue infiltration remain to be investigated. There is clear evidence that cell death can activate innate immunity via inflammasomes and result in sterile imflammation also in the vasculature (27). Possibly, necrotic cells from the aneurysm wall release intracellular material, which triggers inflammasome activation via the dsDNA sensor AIM2 and invasion of immune cells from the peripheral blood.

## CONCLUSION

In summary, our study provides evidence for a specific (sex-dependent) inflammasome signature in PBMC of AAA-patients, and suggests an active role of the AIM2 inflammasome in both peripheral blood and adventitia-infiltrating leukocytes in AAA pathogenesis. Particularly, the *IL1B* mRNA level in PBMC that was found to be an independent risk factor for AAA, warrants further investigation as a putative biomarker for disease progression and rupture risk in AAA patients, as well as a therapeutic target.

## ACKNOWLEDGMENTS

We thank Anja Spieler for excellent technical assistance, Sven Schnaidt (Medical Biometry and Informatics, University Hospital Heidelberg) for statistical counseling and Lei Huang (Dept. of Clinical Epidemiology and Ageing research, German Cancer Research center, DKFZ, Heidelberg) for assistance with the conditional logistic regression analysis.

#### DISCLOSURE

The study was funded by an Oversea Study Fellowship from the China Scholarship Council to Xiaoyu Wu. We acknowledge financial support by the Department of Vascular and Endovascular surgery of the University of Heidelberg, Germany. In addition, we acknowledge financial support by Deutsche Forschungsgemeinschaft and Ruprecht-Karls-Universität Heidelberg within the funding program Open Access Publishing.

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Cite this article as: Wu X, *et al.* (2016) Sex- and disease-specific inflammasome signatures in circulating blood leukocytes of patients with abdominal aortic aneurysm. *Mol. Med.* 22:508–18.