# **Review Article**

# **Dendritic Cell Therapy of Primary Brain Tumors**

Ariane Söling<sup>1</sup> and Nikolai G. Rainov<sup>1,2</sup>

<sup>1</sup>Molecular Neurooncology Laboratory, Department of Neurosurgery, Martin-Luther-University Halle-Wittenberg, Halle, Germany

<sup>2</sup>Department of Neurological Science, University of Liverpool, Liverpool, United Kingdom

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#### **Abstract**

Background: Although current treatment modalities for malignant gliomas, such as surgery, radiation and chemotherapy, have been improved markedly in the past two decades, the prognosis of these neoplasms remains poor, the two year survival rate being approximately 5%. Therefore, alternative treatment options, such as gene therapy and immunotherapy are rapidly gaining momentum. One of the most promising immunotherapeutic approaches for the treatment of cancer is the vaccination of cancer patients with dendritic cells (DC) pulsed with tumor antigens. Immunotherapy with DC seems to be able to overcome, at least partially, the immunosuppressive state associated

with primary malignant gliomas. DC therapy proved to be safe in both animal models and clinical trials. No serious side effects and no evidence of autoimmune toxicity occurred. Most studies used DC pulsed with an array of tumor-associated antigens rather than single peptides, to allow for presentation of unknown tumor-specific antigens to DC. Routes of administration either were subcutaneous, intradermal or intraperitoneal, with multiple injections of DC to enhance antitumor immunity. DC therapy as an adjuvant treatment for patients with malignant glioma seems to be biologically safe. Further clinical studies are warranted.

## **Dendritic Cell Biology**

The central nervous system (CNS) has long been thought to represent an immunologically privileged site, due to existence of the blood brain barrier, the absence of lymphatic vessels and dendritic cells (DC) in the CNS parenchyma, and the presence of an immunosuppressive microenvironment. However, it is now recognized that under pathological conditions, such as inflammation or tumor growth, lymphocytes may infiltrate the brain and a systemic immune response may be elicited (1,2).

Although tumor cells can present antigens via the MHC class I pathway, they are known to only weakly stimulate CTL responses *in vivo*. Possible explanations for this phenomenon include inefficient antigen presentation, lack of costimulatory molecules needed for priming of T cells and secretion of immunosuppressive factors such as TGF- $\beta$  and IL-10, rendering tumor-infiltrating CTL anergic

Address correspondence and reprint requests to: Ariane Söling, Martin-Luther-University Halle, Department of Neurosurgery, Molecular Neurooncology Laboratory (ZAMED), Heinrich-Damerow-Strasse 1, D-06097 Halle, Germany. Phone: +49 345 5522870; fax: +49 345 5522894; e-mail: ariane.soeling@medizin. uni-halle.de

and tolerant (3). Therefore, professional antigenpresenting DC pulsed with tumor antigens are increasingly being explored in cancer vaccination studies. Dendritic cells are the most potent antigen presenting cells (APC) known to date. Besides being central inductors of immunity they may also play a critical role in maintaining self-tolerance (4). Upon stimulation by inflammatory mediators and pathogens immature DC residing in peripheral tissues efficiently uptake and process antigens, migrate to the T cell areas of lymphoid organs, and mature. Mature DC lose their antigen-capturing capacity and present processed endogenous and exogenous antigens to naïve T cells in an HLA-restricted manner. Besides expressing high levels of both MHC class I and class II molecules, concomitant expression of adhesion and costimulatory molecules, such as CD40, CD54 (ICAM-1), CD80 (B7-1) and CD86 (B7-2) as well as secretion of stimulatory cytokines such as IL-12, IL-15, IL-18 leads to efficient priming of cytotoxic T cells (CTL) and CD4<sup>+</sup> T helper cells. This results in the induction of a specific protective and therapeutic anti-tumor immune response, as demonstrated in several animal models of cancer (5). CTL are thought to be the main effector cells in tumor rejection. These cells recognize antigens loaded onto

MHC class I molecules, which predominantly present peptides derived from endogenous antigens, while MHC class II-restricted presentation of exogenous antigens by DC leads to CD4<sup>+</sup> T cell activation. Recent findings suggest that DC can also prime CD8<sup>+</sup> T cell-mediated responses against exogenous tumorassociated antigens by cross-presenting peptides derived from engulfed apoptotic tumor cells (6).

Several different subsets of DC have been characterized in mice and in humans, originating ontogenetically from myeloid or lymphoid precursor cells, respectively. Distinct immunomodulatory functions such as T helper 1 (Th1) versus T helper 2 (Th2) cell stimulation have been assigned to specific DC subsets. Increasing evidence is presented that functional diversity of discrete DC subsets cannot be exclusively explained by different lineage origin, but also depends on the activation signals they receive and on their maturation stage, culture conditions, and local cytokine environment (7). DC infiltration into tumors has been associated with prolonged survival and reduced metastasizing capacity in cancer patients (8,9).

# **Dendritic Cell Immunotherapy**

Since large-scale isolation and expansion of DC in culture have become feasible, DC-based therapies have been successfully employed in several clinical trials for cancer, such as melanoma (10), renal cell carcinoma (11), and prostate cancer (12). Generally DC have been generated in culture either from peripheral blood non-proliferating CD14<sup>+</sup> monocytic precursors or proliferating CD34<sup>+</sup> progenitor cells by addition of appropriate cytokines such as IL-4, GM-CSF, TNF- $\alpha$ , c-kit ligand and Flt-3 ligand. Depending on the combination of added cytokines, either immature (e.g., CD14<sup>+</sup> monocytes incubated with GM-CSF/IL-4) or mature (e.g., CD34<sup>+</sup> stem cells cultivated with GM-CSF/TNF- $\alpha$ ) DC are produced. DC yields of  $1 \times 10^6$  cells per 10 ml blood and  $\ge 5 \times 10^8$  cells per single leukapheresis have been achieved (13). Recently, a 20-fold expansion of DC in cancer patients in vivo by Flt-3 ligand treatment has been reported (14). Doses of up to  $1 \times 10^9$ antigen-pulsed DC have been administered in cancer patients without occurrence of major side effects. Correlations between duration of immune response and numbers of administered DC have been seen in human and animal studies (15). It has remained a matter of debate whether DC derived from CD34<sup>+</sup> precursor cells or monocyte-derived DC should be preferentially used in clinical vaccination protocols. Both cell populations have been shown in culture to effectively induce antigen-specific T cell responses. Differences in their T cell priming capacity seemed to be due mainly to varying culture conditions (16). While choice of the optimal precursor cells for generation of clinically administered DC vaccines needs to be further examined, evidence was presented that

cultured mature DC are superior to immature DC in eliciting both protective immunity and CTL responses against established tumors *in vivo* (17,18). Enhanced antigen presenting and chemotactic capacity of mature DC as well as secretion of IL-12 known to promote Th1 helper cell activation may account for this.

DC used in vaccination studies have been loaded in culture with specific tumor-associated peptides, tumor RNA and cDNA, tumor cell lysate or apoptotic tumor cells. Furthermore, recently allogeneic DC fused to autologous tumor cells have been used successfully as vaccines in patients with renal cell carcinoma (11). Using immunogens consisting of a panel of antigens instead of specific peptides not only reduces the likelihood of generating antigen loss variants in tumors, but also expands the scale of potentially available MHC-restricted epitopes, thus making these vaccines amenable to a broader range of patients. Additionally, these antigens most likely also provide MHC class II-restricted epitopes needed for induction of CD4<sup>+</sup> T helper cells. CD4<sup>+</sup> T cells are known to represent important regulators of sustained antitumor immunity (19).

Efficient T cell priming in vivo requires migration of DC to the T cell areas of lymphoid organs. The route of vaccine administration therefore seems to be of critical importance. Morse et al. (20) demonstrated that cultured and antigenpulsed DC injected intravenously (i.v.) in cancer patients accumulate in the liver, spleen and bonemarrow, but cannot be detected in regional lymph nodes or tumor tissue. After intradermal (i.d.) injection, a small fraction of labeled DC where shown to migrate to draining lymph nodes, while DC administered subcutaneously (s.c.) were never detected in regional lymphatics. It cannot be ruled out that the latter was due to lack of sensitivity of the detection method, as DC given s.c. to mice could be detected in draining lymph nodes (21). In cancer patients DC immunotherapy has been administered either via a single route or as a combination of i.v., s.c., i.d. and intranodal (i.n.) administrations. Tumor antigen-specific T cell responses could be elicited in all treated patients. Regarding the trials employing single route administration, complete tumor responses in some patients have been reported for i.v., s.c. and i.n. DC vaccination (22). Although the optimal schedule for DC immunotherapy is still under investigation, a consensus was reached that DC vaccines should be administered repeatedly, as booster immunizations have been shown to strongly increase antigenspecific T cell responses (23).

Genetic engineering of DC in order to enhance their immunostimulatory capacity is now gaining increasing attention. Transgenes such as immunostimulatory cytokines (e.g., IL-12, GM-CSF), costimulatory molecules (e.g., B7-1, ICAM-1) and tumor-associated antigens (e.g., MART-1, MAGE-3) have been delivered by viral and non-viral vectors into DC and were shown to substantially improve antigen-specific CTL responses (24,25). The reported efficiency of gene transfer varied considerably (10–95%), depending on the transfer system and the DC maturation stage and lineage origin (26,27).

# **DC** Immunotherapy for Glioma

Glioma patients show severely impaired cellular immunity. Immunosuppressive factors secreted by the tumor, such as IL-10, TGF- $\beta$ 2 and prostaglandin E<sub>2</sub> are considered to be the main cause for this defect (28). Immunotherapeutic approaches may only be beneficial if the compromised immune status in these patients is overcome. Cellular immunotherapies such as adoptive transfer of lymphokineactivated killer cells (LAK), tumor-infiltrating lymphocytes (TIL), and tumor-sensitized CTL, as well as vaccination with irradiated tumor cells have been performed with limited success in glioma patients (29). Tumor-antigen pulsed DC used as vaccines in vivo offer the unique feature of presenting tumorspecific peptides in the context of an efficient antigen processing and presenting machinery and a multitude of costimulatory molecules, thus stimulating immune effector cells in a very potent way.

Specific recognition of tumor cells by infiltrating CTL is mediated by MHC-restricted presentation of antigens by glioma cells. In glioma, only few tumor-associated antigens representing targets for CTL have been described, e.g., MAGE-1, MAGE-3 and SART3 (30,31). Therefore, DC loaded with a panel of tumor-associated antigens such as tumor cell lysate, RNA, cDNA, or a mixture of peptides eluted from tumor cell membranes seem more promising treatment options than DC pulsed with defined tumor peptides. Accordingly, the animal studies and the three clinical studies reported to date used DC pulsed with a broad spectrum of glioma antigens.

#### Animal Studies of DC-based Immunotherapy for Glioma

The first study utilizing DC as vaccine for glioma was reported by Siesjö et al. (32). Rats harboring intracranial N32 gliomas were immunized with syngeneic spleen-derived DC mixed with irradiated N32 glioma cells or a mutagen-induced immunogenic tum N32 variant, respectively. After four vaccinations given every two weeks s.c. significantly prolonged mean survival time and some cures of treated rats could be demonstrated: while all control animals died within 40 days, 7 of 26 (27%; N32 vaccine) and 6 of 26 (23%; tum N32 vaccine) immunized rats were alive on day 200 after tumor challenge. Simultaneous i.v. injection of pulsed DC diminished this effect. Immunization with DC mixed with unrelated syngeneic brain tumor cells did not have any antitumor efficacy. Interestingly, all longterm survivors were females while prolonged survival was recorded only occasionally in male rats.

Effective treatment of intracerebral glioma with DC was also shown in the experimental rat 9L gliosarcoma model (33). Starting one week after intracranial tumor implantation, the animals received three weekly s.c. injections of bone-marrow generated DC pulsed ex vivo with acid-eluted antigens from 9L glioma cells. Survival was significantly increased compared to control animals receiving DC pulsed with normal rat astrocyte peptides. While 7 of 12 (58%) animals immunized with tumor antigen-pulsed DC were alive at day 31, none of the control animals receiving either medium or unpulsed or astrocyte peptide-pulsed DC survived. Three of 12 (25%) 9L antigen-pulsed DC-treated rats survived more than 60 days. Histological examination of their brains proved complete eradication of their tumors. No signs of inflammation or demyelination were seen outside the immediate peritumoral regions. Tumors in rats treated with tumor antigenloaded DC showed moderate to heavy T cell infiltration, predominantly of CD8<sup>+</sup> T cells, while tumors of control animals displayed no T cell infiltrates.

A spontaneously arisen astrocytoma mouse model resembling phenotypically and morphologically human glioma was employed by Heimberger et al. (34). DC prepared from murine bone marrow were pulsed with homogenate from the 560 astrocytoma cell line transfected with the murine homologue of the mutated epidermal growth factor receptor (EGFRVIII). EGFRVIII is oncogenic and overexpressed in the majority of human glioblastomas. Mice were vaccinated i.p. with pulsed DC once a week for 4 consecutive weeks. One week later mice were challenged with EGFRvIII-transfected 560 cells injected intracerebrally (i.c.). While control animals treated with saline or unpulsed DC had a median survival of 26 and 25 days, respectively, 5 of 10 (50%) mice immunized with pulsed DC were long-term survivors with a significantly longer median survival (>65 days; p = 0.016). The five long-term survivors were rechallenged with glioma cells 50 days after initial challenge. All of these mice survived the rechallenge for more than 50 days. Splenocytes from immunized mice were capable of lysing the parental 560 and the EGFRvIII transfected 560 glioma cells in vitro but not HLA-matched fibroblasts transfected with EGFRvIII, demonstrating that EGFRvIII was not an immunodominant antigen in this system. Histologically, no intracerebral inflammation outside the tumor area was recorded. Although no data are presented, the authors report that treatment of established tumors with DC loaded with tumor homogenate did not increase median survival.

Yamanaka et al. (35) tested several strategies for antigen delivery into DC in the mouse 203 glioma model. DC were pulsed with either tumor RNA, tumor lysate or Semliki Forest virus (SFV)-mediated 203 glioma cDNA and injected into glioma bearing mice. SFV is a self-replicating RNA virus capable of infecting both dividing and non-dividing cells and

primarily used for transient high-level expression of proteins. Pulsed DC were administered i.p. 3 times spaced one week apart. Animals immunized with DC pulsed with saline, 203 glioma lysate, 203 glioma or B16 melanoma RNA, SFV-LacZ ( $\beta$ -galactosidase) or SFV-mediated B16 melanoma cDNA had median survival times between 20 to 35 days. Mice treated with DC pulsed with SFV-mediated 203 glioma cDNA showed increased median survival of 90 days (p < 0.05). Seven of 14 (50%) animals were still alive at day 90. Histologically, the brains of longterm survivors were tumor free. No chronic inflammation was detected in the brains of treated animals. Tumors of mice that had been treated with SFVmediated 203 glioma cDNA showed increased infiltration of CD8<sup>+</sup> T cells. The induction of a significantly enhanced CTL response by DC loaded with SFV-mediated 203 glioma cDNA compared to DC pulsed with either glioma cDNA, glioma RNA or glioma lysate, which also elicited a CTL response, was also demonstrated in culture (p < 0.01). In the tumor challenge experiment 203 glioma cells were administered i.c. after 3 weekly intraperitoneal injections with DC. All mice treated with the above mentioned controls died, median survival being 35 to 40 days. Median survival of mice that were immunized with DC pulsed with SFV-mediated 203 glioma cDNA was greater than 90 days (p < 0.05), 6 of 12 mice (50%) were alive at day 90. Mice receiving this vaccine and challenged with B16 melanoma cells could not reject the tumor.

Immunization of mice with bone marrowderived DC fused to glioma cells was recently examined by Akasaki et al. (36). DC were incubated for 48 hours with irradiated (50 Gy) SR-B10.A mouse glioma cells at a ratio of 1:3 followed by polyethylene glycol treatment to induce fusion. Tumor cells were dyed red with PKH26 and DC were stained for CD80. Forty percent double positive cells were detected by FACS analysis which was nearly identical to the percentage of CD80 positive cells in the mixed culture and interpreted by the authors as a proof for the presence of fused cells (FC). However, regarding the high percentage of fused (chimeric) DC, the protocol, and the detection method employed it can not be ruled out that double stained cells represent DC having engulfed apoptotic tumor cells rather than fused cells (37,38). In the tumor challenge model  $1 \times 10^5$  fused cells (FC) were injected s.c. into syngeneic mice on day 0 and day 7. On day 14, parental glioma cells were injected either into the contralateral flank or i.c. Control mice treated with irradiated tumor cells died because of the growing tumor within 6 weeks. Mice treated with FC and challenged with tumor cells in the flank survived without apparent tumor growth. Of 20 mice immunized with FC and challenged i.c., 10 (50%) were longterm survivors (p < 0.01). Treatment with DC alone or with DC fused to irrelevant glioma cells did not enhance survival. In the tumor treatment model

SR-B10.A glioma cells were injected i.c. on day 0 and FC were given s.c. on days 5 and 12. Although FC-treated mice showed increased survival, this was not statistically significant (p > 0.05). However, combined treatment of glioma-bearing mice with recombinant mouse IL-12 and FC prolonged survival significantly (p = 0.01): five of 10 mice (50%) survived for more than 70 days. IL-12 or DC treatment alone did not increase survival significantly. IL-12 is known to promote Th1 cell development and enhance CD8<sup>+</sup> T cell mediated cytotoxicity. Induction of CTLmediated glioma-specific cytotoxicity in mice treated with FC was also demonstrated in cell culture. Simultaneous in vivo administration of IL-12 significantly enhanced cytotoxicity (p = 0.002). Mice depleted of CD8<sup>+</sup> T cells by treatment with anti-CD8 antibodies (>95% depletion) prior to tumor inoculation and FC treatment were not protected anymore from tumor development by the immunotherapy. Histological analysis in FC treated animals demonstrated strong infiltration of brain tumor tissue by CD4<sup>+</sup> and CD8<sup>+</sup> T cells.

Ni et al. (39) investigated dendritic cell-mediated immunotherapy by pulsing cloned DC2.4 DC originating from C57BL/6 mice with GL261 glioma cell extracts and injecting them i.p. into C57BL/6 mice with intracerebral syngeneic GL261 gliomas. The DC2.4 dendritic cell line had been established by transfecting GM-CSF-transduced bone marrow cells with myc and raf oncogenes (40). DC2.4 cells morphologically resemble DC, display normal phagocytic function, and express high levels of MHC class I and class II molecules and the costimulatory molecules CD80, CD86 and ICAM-1. Mice challenged with  $4 \times 10^4$  GL261 cells i.c. were vaccinated on days 0, 3, 7, 10, and 14 with  $2 \times 10^6$  DC2.4 cells pulsed with GL261 lysate. Survival of these animals after 100 days was 60% (6/10) and significantly augmented compared to controls immunized with either saline (30%, 3/12) or non-pulsed DC2.4 cells (25%, 2/8), p < 0.05. Cured animals showed an increased delayed-type hypersensitivity (DTH) response as measured by foot pad swelling in response to local injection of irradiated GL261 cells. The survival rate was inversely correlated to the initial tumor load: when mice received  $2 \times 10^5$  glioma cells i.c. only 43% of DC-immunized animals were alive at day 100. Animals who survived for more than 120 days were rechallenged with GL261 cells i.c. Naïve controls died by day 40, while rechallenged animals survived past day 120 (p < 0.05).

Human Clinical Trials of DC-based Immunotherapy for Glioma

The promising results of DC vaccinations in animal glioma models were followed by first reports on DC immunotherapy in glioma patients. Liau et al. (41) published a case report on a patient with recurrent brain stem glioma who was immunized with autologous DC pulsed with tumor peptides. The tumor

had recurred 11 months after initial diagnosis. Peptides were isolated from an allogeneic MHC class I-matched primary glioblastoma cell line by acid treatment and loaded onto autologous DC which had been generated from peripheral blood leukocytes and cultured with GM-CSF and IL-4 for 7 days. After subtotal resection of the tumor the patient received three biweekly peptide-pulsed DC injections i.d. into the left axilla. No serious adverse effects associated with the immunotherapy were observed. Following treatment, a strong proliferation of the patient's T-cells in response to tumor peptide was seen. Brain tumor specimens obtained after the second immunization showed increased CD3<sup>+</sup> T cell infiltration into the tumor and no signs of experimental allergic encephalomyelitis (EAE). The tumor progressed 2 months after DC vaccination and the patient died 9 months after detection of the recurrent tumor.

The first phase I trial using DC-based vaccines for glioma patients has been reported recently by Yu et al. (42). Five women and 4 men were enrolled in this study; their age ranged from 28 to 77 years (mean age 49 years). Two patients had anaplastic astrocytoma, seven GBM, all were newly diagnosed. Prior to DC treatment patients had received surgical debulking of their tumors followed by standard dose radiation therapy (60 Gy). Forty-two control patients with newly diagnosed GBM underwent tumor resection and radiation therapy of 60 Gy with or without chemotherapy. At the time of DC vaccination all patients were off steroids. DC were prepared from the patients' peripheral blood and expanded in culture for seven days with IL-4 and GM-CSF. In all patients, more than 70% of the cells expressed the DC phenotype HLA-DR<sup>+</sup>, CD80<sup>+</sup> and CD14<sup>-</sup>. Their functionality was proved in allogeneic proliferation assays. Peptides from the surface of cultured autologous tumor cells were acid-eluted and incubated with autologous DC overnight prior to vaccination.  $1 \times 10^6$  peptide-pulsed DC were injected i.d. in the deltoid region three times biweekly. The treatment was safe, no evidence of significant side effects or autoimmune toxicity occurred. DC vaccination proved to be associated with increased survival: median survival time for the study group and the control group were 455 days and 257 days, respectively (p = 0.04). Seven of the immunized patients were evaluated for development of systemic antitumor cytotoxicity: four of them showed in vitro an enhanced CTL response after DC vaccination. Four patients with progressive disease underwent tumor resection after the last immunization. Of these, two patients showed infiltration of CTL and CD45RO<sup>+</sup> memory cells into the tumor which was not seen in tumor specimens prior to vaccination. Increased CD4<sup>+</sup> T cells infiltrates were also reported, but were significantly less than CD8<sup>+</sup> T cell infiltrates. The tumor specimens of the other two reoperated patients did not show increased T cell infiltration, both patients died from progressive tumor disease. Tumor

specimens from 4 non-vaccinated glioma patients undergoing reoperation because of recurrent disease also did not display increased T cell infiltration.

These authors (43) recently presented a second phase I trial supporting their initial findings. Seven patients with recurrent glioma and three patients with recurrent anaplastic astrocytoma were vaccinated i.d. three times biweekly with autologous DC pulsed with lysates of autologous tumor. Again, this therapy proved to be safe, no signs of an unwanted autoimmune response were seen. One vaccinated patient, who was tested for a systemic immune response demonstrated a strong antigen-specific CTL response as well as a strong T cell infiltration intratumorally. Median survival for the vaccinated group was 392 days and for the control group (n = 51) 153 days (p = 0.003).

Recently, Okada et al. (44) announced a DC immunotherapy trial for glioma patients. The vaccine to be administered i.d. consists of autologous irradiated tumor and dendritic cells as well as IL-4 transduced autologous fibroblasts. IL-4 is thought to enhance tumor antigen presentation and expression of costimulatory molecules on DC, DC influx, as well as to stimulate a long-lasting anti-tumor T cell response.

#### Discussion

The six animal studies of DC therapy for glioma can hardly be compared to each other due to the great differences in study design. Some of these differences are in the choice of animal (rat vs. mouse) and tumor model, the source (spleen vs. bone marrow and cloned cell line) and quality of DC (cytokines used for culturing of DC), the type of antigen (peptides, homogenate, RNA, whole cells), the administration route (s.c., i.p., i.v.), and in the applied DC dose and time schedule of vaccination.

Despite these differences important conclusions may be drawn from these animal experiments and from the clinical studies:

- 1. DC therapy of glioma is safe. No side effects and signs of systemic autoimmunity or chronic inflammation at the tumor site were reported (32–36,39,41–43).
- 2. DC immunotherapeutics can induce tumor rejection *in vivo* and may result in significantly prolonged survival in glioma-bearing animals and patients with glioma (32,33,35,36,39,42,43). In animal models even cures have been reported. Rates of long-term survivors among the rodents that received tumor-antigen pulsed DC ranged from 23% to 60% in these studies. However, the interpretation of the above data should be exercised with caution as the follow-up times in the survival studies are varying and the initial intracerebral tumor burden is different in the different studies. Although not showing data, only

Heimberger et al. (34) reported that their DC vaccination protocol did not increase survival of animals with i.c. established tumors. Due to the differences in study design it remains difficult to explain this failure of therapy. One major difference that emerges is that this group used male animals only. Four studies performed DC therapy only in female animals (33,35,36,39). Siesjö et al. (32) employed female and male rats, but increased survival of DC-vaccinated animals could only be demonstrated for female rats: while 6 of 13 (46%) female rats were long-term survivors, none of 13 male rats survived. Both humoral and cellular immunity are known to be stronger in females (e.g., higher rate of autoimmune diseases in females), most likely due to differences in hormonal regulation compared to men (45).

- 3. DC vaccination leads to protective and long-lasting immunity. All three groups (34–36) that performed tumor challenge experiments in mice after DC immunization reported long-term survival rates of 50%. Rechallenge experiments in long-term survivors showed that none of these animals died after a second injection of tumor cells (34,39).
- 4. DC therapy induces glioma-specific immune responses in vivo: astrocyte-pulsed DC (33) or DC pulsed with irrelevant tumors (32,35,36) did not prolong survival. *In vivo* depletion of CD8<sup>+</sup> T cells prior to DC vaccination abolished the inhibiting effect of glioma-antigen loaded DC on tumor growth (36). Generation of specific CTL-mediated cytotoxicity in immunized animals and patients was also demonstrated in cell culture (34,36,42, 43). DC pulsed with glioma-antigens induced a memory immune response in vaccinated animals as demonstrated by foot pad swelling after local injection of irradiated glioma cells (39). Tumors of animals and patients immunized with glioma antigen-pulsed DC demonstrated increased infiltration of T cells, predominantly CD8<sup>+</sup> and, to a lesser extent, also of CD4<sup>+</sup> T cells (33,35,36, 41–43). CD45RO<sup>+</sup> memory T-cells were also detected in these tumor specimens (42).
- 5. Success of DC therapy for glioma depends on initial tumor load. Ni et al. (39) recorded 60% long-term survivors when animals were injected with  $4 \times 10^4$  glioma cells i.c. compared to 43% survivors when mice received  $2 \times 10^5$  tumor cells i.c. before DC immunization.

Regarding female animals only, four of the groups studying DC therapy for established glioma reported long-term survivor rates between 43% and 60% when initiating DC therapy between day 0 and day 5 after tumor implantation (32,35,36,39). Liau et al. (33) found only 25% long-term survivors in their glioma model when starting DC therapy at day 7 after having administered a relatively high number of tumor cells ( $1 \times 10^5$  i.c.). Referring to the clinical use of DC immunogens for glioma

patients, these results imply that DC therapy may have a stronger tumor controlling effect when administered in an adjuvant setting after gross tumor resection as performed in the 3 clinical studies (41–43).

DC immunization studies in glioma also confirmed aspects of DC therapy known from other DC cancer vaccination trials:

# Source of DC

Five of the groups performing animal experiments used DC prepared from marrow precursor cells (33-36,39), while Siesjö et al. (32) used rat spleengenerated DC cultured without additional cytokines, indicating that DC from different origins can stimulate antitumor immune responses. As routinely done in other DC cancer vaccination trials, the three clinical studies of DC therapy for glioma (41–43) used DC derived from myeloid precursors. Two studies utilized DC-precursors prepared directly from peripheral blood and cultured in the presence of GM-CSF and IL-4, which enriches for immature monocyte-derived DC (41,42), while the third study (43) utilized DC derived from leukapheresis products, not mentioning in detail whether the patients had received cytokines (e.g., G-CSF) prior to leukapheresis and how the DC were cultured.

#### DC Maturation Stage

As far as can be deduced from the reported culture conditions for DC and the presented FACS data, the vaccines in all animal and human studies contained a variable proportion of terminally differentiated DC. Mature DC have been shown to be superior to their immature counterparts in eliciting antigenspecific T cell responses (18,23). Human DC prepared from monocytic precursors and cultured in GM-CSF and IL-4 as employed in the clinical trials (41,42) have been shown to give rise to a rather immature phenotype. It remains unknown whether antigen-loaded immature DC can mature in vivo. Remarkably, Heimberger et al. (34) who could only demonstrate success of DC therapy in the tumor challenge but not in the treatment model, used rat bone-marrow-generated DC cultured in GM-CSF without IL-4. Talmor et al. (46) showed that culturing rat marrow cells in GM-CSF without IL-4 primarily produced immature DC, while GM-CSF plus IL-4 gave rise to stimulatory, mature DC. Akasaki et al. (36) saw significantly increased median survival rates and cures in DC-vaccinated animals only if IL-12 was administered simultaneously. Forty percent of the DC coincubated with glioma cells before vaccination were reported to express CD80, a molecule which is strongly upregulated in mature DC. IL-12 has been shown to induce DC maturation and is the key cytokine secreted by mature DC. As uptake of apoptotic cells is not a sufficient stimulus for DC maturation (47), it may be speculated that IL-12 is needed to compensate for the missing final maturation of the administered DC.

#### Route and Schedule of Administration

All studies used up to 4 booster vaccinations to augment tumor-specific immunity. Akasaki et al. (36) showed that tumor-specific CTL-responses are significantly increased if glioma-bearing animals receive two DC injections instead of one (p < 0.001). The reported doses administered to the animals  $(1 \times 10^5)$  to  $2 \times 10^6$  DC/injection) and the patients (1 or  $5 \times 10^6$ DC/injection) are comparable to doses used successfully in other DC studies. Prolonged survival rates and even cures of tumor-bearing animals were achieved by injecting DC either s.c., i.p. (animal studies) or i.d. (human trials), implying that all three routes enable DC to get in close contact with effector T cells, e.g., by migrating to draining lymph nodes (21). Siesjö et al. (32) reported a negative effect on outcome when simultaneously administering  $1 \times 10^6$ DC s.c. and i.v. (no long term-survivors) compared to s.c. injections of  $1 \times 10^6$  DC (30% long term survivors). There is evidence that i.v. given DC predominantly accumulate in the spleen and are less effective in inducing CTL responses than DC administered s.c., i.p., or intralymphatically (21,48,49). On the other hand, as control injections of  $2 \times 10^6$  DC given either s.c. or i.v. were not performed, it can not be ruled out that the negative effect of the higher DC dose on survival is simply due to over-vaccination leading to activation-induced T cell death.

# Choice of Antigen

A multitude of antigen-loading strategies may be effective in inducing tumor-specific CTL responses. Sources of antigen used in the glioma experiments comprise intact tumor cells (32,36), acid-eluted peptides from tumor cell membranes (33,41,42), tumor cell homogenate (34,39,43) and tumor-derived mRNA (35). All methods of loading DC with antigen were capable of generating antitumor immunity. Yamanaka et al. (35) showed that in their model glioma RNA and glioma lysate were equal in inducing CTL responses in DC vaccinated mice, but that SFV-mediated glioma cDNA had a stronger stimulatory capacity and resulted in cures of glioma-bearing animals. Other studies demonstrated immunological equipotency also for DC pulsed with either tumor lysates, apoptotic or live cells, respectively (50).

Synthetic MHC class I peptides are rapidly degraded by human DC (51). This most likely applies as well to natural peptides eluted from tumor cell membranes and loaded onto DC (33,41,42). Liau et al. (33) found a rather low rate of 25% long-term survivors among animals vaccinated with peptidepulsed DC. A patient immunized with DC pulsed with allogeneic MHC class I-matched glioblastoma peptides also showed a limited immunological

response (41). Additionally, allogeneic tumor cell lines might present different immunodominant epitopes on their MHC class I molecules compared to the autologous tumor. MHC class I-restricted peptide mixtures do not contain CD4<sup>+</sup> T helper cell epitopes, which might also account for some of the failures seen with this type of antigen. Recombinant proteins or native full-length proteins derived from tumor cells may substantially enhance antitumor immunity by activating CD4<sup>+</sup> T cell help (33–36,39,43).

Preparation of tumor lysate, tumor mRNA, and acid-eluted membrane peptides requires sufficient amounts of tumor tissue. This is often limiting in a clinical setting. As amplification of mRNA by PCR can be easily performed, this method may be preferred if only small quantities of tumor tissue are available. Using recombinant antigens or allogeneic glioma cell lines might even circumvent the need for autologous tumor tissue.

Pools of antigens derived from tumor cells may also represent antigens expressed by normal cells and thus, at least in theory, may induce autoimmune toxicity. Although EAE could be elicited by administering human glioma to nonhuman primates and guinea-pigs (52), none of the DC studies in glioma recorded the occurrence of a severe autoimmune response. This corresponds to findings in many other animal and clinical trials for different types of cancer (5). Ludewig et al. (53) found that activation of selfreactive CTL by DC is limited by the rapid turnover and inefficient presentation of MHC class I associated peptides after uptake of exogenous cellular self-antigens. However, DC-based vaccinations with melanoma lysate induce widespread vitiligo in up to 43% of melanoma patients (54), implying that shared tumor antigens might indeed induce autoimmune responses against normal tissues and that caution is advisable when chosing the antigen.

### Adjuvants/Cytokines

Akasaki et al. (36) showed that simultaneous use of IL-12 is an efficacious way of increasing CTL responses in glioma bearing mice. The T cell stimulatory effect of IL-12 on tumor-specific T cells has also been demonstrated in DC-based therapy for other tumors (55). Other cytokines, such as GM-CSF, IL-2, and IL-7, and helper antigens such as keyhole limpet hemocyanin (KLH) are known to enhance T cell responses in DC-based human and animal trials, and may therefore also be tested for efficacy in glioma. As systemic administration of cytokines is often accompanied by severe side effects, genetic engineering of DC to express stimulatory cytokines locally is increasingly used (24).

### Gene-modified DC

Virally transduced DC loaded with the whole repertoire of tumor antigens were shown to be particularly potent in inducing a specific immune response

against glioma (35). Recombinant expression of tumor antigens enables continuous cross-presentation of exogenous tumor antigens on MHC class I molecules as they gain access to the intracellular antigen processing machinery. Gene transfer into DC by viral vectors is very efficient, although, in humans, the humoral immune response to adeno- and vaccinia viruses (due to previous viral infections or vaccination) may abolish the effect of booster vaccinations. Humoral immune responses against alphaviral vectors such as SFV have not yet been reported. SFV induces apoptosis in infected cells, which was also shown for glioma cells (35). Uptake of apoptotic cells by DC followed by processing and cross presentation of the exogenous antigens may account for the strong immunogenicity demonstrated with this vector system (56).

# Conclusion

Dendritic cell therapy as an adjuvant treatment for patients with malignant glioma seems to be promising. As with DC vaccination trials for other malignancies, DC therapy of glioma proved to be biologically safe and without major side effects. Nevertheless, its efficacy remains to be more closely examined in randomized and controlled clinical trials. The development of advanced methods for genetic manipulation and transduction of DC prior to vaccination in humans may considerably increase the clinical benefits from this type of biological treatment.

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