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## Review Article

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# Genetic and Molecular Coordinates of Neuroendocrine Lung Tumors, with Emphasis on Small-cell Lung Carcinomas

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### Abstract

The aim of this review is to present the advances in our understanding of the progression of tumorigenesis in neuroendocrine lung tumors. Current information on established and putative diagnostic and prognostic markers of neuroendocrine tumors are evaluated, with a special reference to

small-cell lung carcinoma, due to its higher incidence and aggressive behavior. The genetic and molecular changes that accompany these neoplasms are highlighted, and factors that influence cell-cycle progression, apoptosis, drug resistance, and escape from immune surveillance are critically assessed.

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### Introduction

Lung cancer is one of the leading fatal malignancies in the Western world. Two major histopathologic groups are recognized: small-cell lung carcinomas (SCLCs), accounting for approximately 20–25% of the cases, and non-small-cell lung carcinomas (NSCLCs), representing the majority of lung malignancies (1).

SCLCs demonstrate neuroendocrine (NE) characteristics and belong to the NE lung tumors, along with typical carcinoids (TCs), atypical carcinoids (ACs), and large-cell NE carcinomas (LCNECs) of the lung (2–5). Inconsistency in the terms in the literature regarding these entities has created confusion and reveals the difficulty in their identification (6), making necessary the use of well-defined criteria. A number of features, distinguishing TCs from ACs, as well as LCNECs from SCLCs, are presented in Table 1 (2,7). This distinction is of clinical importance, because the tumor grade differs. Thus, TCs are low-grade tumors (grade 1), ACs represent the intermediate grade tumors (grade 2) (3,7), and SCLCs and LCNECs are characterized as high-grade tumors (grade 3) (3,7,8), with the clinical aggressiveness of LCNECs lying between ACs and SCLCs (8–12). Interestingly, large-cell carcinomas with NE characteristics have

a poorer prognosis than classic large-cell carcinomas (12). Thus, TCs and SCLCs may be regarded as the two extremes of malignancy among NE lung tumors.

The genetic “steps” that lead to NE differentiation either in normal lung epithelium or in lung tumors still remain elusive. Probably, among the plethora of regulatory pathways, some eventually enhance the ectopic expression of a large number of NE genes, an event that will lead to formation of SCLC (13). There are several reports proposing the modulatory implication of arginine-vasopressin, pro-opiomelanocortin, and gastrin-releasing peptide genes in the induction of SCLC NE character (13–16). This process entails the activation of several repressors, enhancers, and tissue-specific factors (13). The above neuropeptides—as well as neuromedin B, neurotensin, and cholecystokinin—are expressed in SCLC, regulating its progression (13,17,18). Specifically, their binding to their cognate receptors induces intracellular calcium mobilization via G<sub>q</sub> proteins. Remarkably, the neuropeptide receptors bear extensive homology with the superfamily of heterotrimeric G protein-coupled, seven transmembrane (TM)-spanning receptors. By participating in the autocrine signal pathways of SCLC, this mobilization seems to enhance tumor growth (13).

Although all types of lung cancer are related to smoking, this association is even stronger for SCLC and LCNEC (19–23); on the other hand, smoking is unlikely to be related with carcinoid development

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**Table 1. 1999 WHO criteria for diagnosis of NE tumors**

| Histologic Type         | Criteria                                                                                                                                                                                                                                                                                      |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Typical carcinoid       | Carcinoid morphology, $\geq 0.5$ cm, $< 2$ mitoses/ $2 \text{ mm}^2$ (10 HPFs), without necrosis                                                                                                                                                                                              |
| Atypical carcinoid      | Carcinoid morphology, 2–10 mitoses/ $2 \text{ mm}^2$ (10 HPFs), and/or necrosis                                                                                                                                                                                                               |
| Large-cell NE carcinoma | NE morphology (organoid nesting, palisading, rosettes, trabeculae), $\geq 10$ mitoses/ $2 \text{ mm}^2$ (10 HPFs), large zones of necrosis, cytologic characteristics of a NSCLC, positive immunohistochemical staining for one or more NE markers, and/or NE granules by electron microscopy |
| Small-cell carcinoma    | Small size and specific cytologic characteristics, $\geq 11$ mitoses/ $2 \text{ mm}^2$ (10 HPFs), large zones of necrosis                                                                                                                                                                     |

Abbreviations: HPF, high power fields; NE, neuroendocrine.

(23,24). In pathophysiologic terms, the relation of tobacco to SCLC may be explained by the correlation between the usually proximal anatomic location of SCLC and the size of tobacco particles. Big particles of tobacco, containing large amounts of carcinogens, tend to rest proximally and induce carcinogenesis at that site (22). Interestingly, female smokers have a higher relative risk for developing SCLC than male smokers (19), and quitting smoking does not seem to influence the risk of SCLC occurrence (21).

There has been a decline in the incidence of lung cancer among men in the United States, Northern Europe, and Australia, probably due to changes observed in the smoking habits (25), but this is not the case for women and for the population of Southern and Eastern Europe. Male gender is associated with a greater incidence of aggressive NE tumors, whereas TCs affect females more frequently (26,27). Carcinoids demonstrated a raise in incidence since the 1980s, which may partially be attributed to the progress of diagnostic methods and the higher awareness of the public (27).

The scope of this review is to unravel the genetic and molecular modifications that take place in lung NE tumors during their progression. The need for early detection and treatment represents a challenge for researchers to discover new, putative diagnostic and prognostic markers, besides the established ones, that will contribute to better management of these

malignancies. Similarly, understanding of the mechanisms involved in multidrug resistance will offer novel targets for chemotherapy and gene therapy.

## Genetic Changes

### Chromosomal Abnormalities

Several studies have investigated the presence of chromosomal aberrations in SCLC. The most frequent chromosomal abnormalities found in SCLC are either losses on *3p*, *1q23*, *4q*, *5q*, *9q22.33-32*, *10p15.3*, *10q*, *13q34*, *16q*, and *17p* or gains on *3q*, *5p*, *8q*, *17q*, and *19q* (28–38). Notably, these lesions often take place simultaneously, thus inactivating several growth-inhibitory pathways, which could partially explain the aggressive phenotype of these tumors (30). It is noteworthy that gain on *18q*, which associates with overexpression of *Bcl-2*, and losses on *2p* and *16q* have been exclusively identified in high-grade NE tumors (39). Amplification at *1p22-32* (*L-myc*), *2p24-25* (*N-myc*), and *3q22-25*, as well as loss at *18p* have been demonstrated in SCLCs, as well as in variant SCLC cell lines (32,40).

*3p* deletion represents the best-documented lesion of SCLC (28,30,32,34–36,38). Several putative tumor-suppressor genes (TSGs) have been identified within this region. It has been shown that loss of *FHIT* (*Fragile Histidine Triad*), a candidate TSG located at *3p14.2*, occurs in the majority of SCLCs as well as in preneoplastic lesions, such as bronchial dysplasia and metaplasia (41 and references therein, 42,43). *FHIT* protein is expressed in normal lung epithelium; reduction or absence of the protein is observed in SCLCs and bronchial preneoplastic lesions. This may be indicative of its early inactivation in the progression of lung carcinogenesis (44,45). Chromosome *3p* has been recently considered to be a target of hypermethylation in SCLCs. During carcinogenesis, aberrant methylation at CpG sites leads to gene silencing (23). The *ras* association domain family 1A gene (*RASSF1A*), a TSG located in *3p21.3*, is inactivated through promoter hypermethylation in the majority of SCLCs (46), although, when introduced in tumor cells, it suppresses the malignant phenotype (47). *3p24* region harbors the *RARB* (*retinoic acid receptor  $\beta$* ) gene, which is also inactivated in SCLCs by hypermethylation of its *RARB* P2 gene promoter (48). According to Onuki et al. (49), loss of heterozygosity at *3p21*, *3p22-24*, and *FHIT* gene bears some adverse prognostic significance for SCLCs. Considering that *3p* deletion is an early molecular event in SCLC carcinogenesis, further studies are needed to elucidate whether aberrant methylation is a parallel carcinogenetic process to *3p* deletion.

Another relatively frequent DNA loss is that of *10q* (30,34–36). It seems to ally with tumor progression, a finding in accordance with the high aggressiveness of SCLC (30) due to the presence of a variety of TSGs located in this region (23). Several putative TSGs are found within this region. *DMBT1*

(deleted in malignant brain tumors 1), a candidate TSG located in *10q25.3-26.1*, is frequently inactivated in SCLCs (23). Additionally, *PTEN/MMAC1* (phosphatase and tensin homologue/mutated in multiple advanced cancers), a newly identified TSG located in *10q23.3*, is frequently deleted in SCLC (23,31). The *MXII* TSG, located in *10q24-25*, is considered to be a negative regulator of *myc*, whose amplification and overexpression are very common in advanced SCLCs (50).

*5q* region, harboring the *MCC* (mutated in colon cancer), *APC* (adenomatous polyposis coli), *DOC2* (double C2), and *IRF1* (interferon regulatory factor-1) TSGs, is often deleted in SCLCs (23,30,33,35,49,51–53). The role of these genes in lung carcinogenesis is not yet fully understood (54). Most deletions are identified at *5q21*, where loss of heterozygosity relates to poor prognosis (49). However, in some cases the telomeric locus *5q33-35* is the target, suggesting the presence of at least two different TSGs in the region (53). The demonstration of loss in the *5q* region in metastatic SCLCs, but not in primary tumors, implies a late involvement of the genes of the region in lung carcinogenesis (53).

Loss of *4q11-23* centromeric region, which is the locus of *c-kit* gene, has been also demonstrated (30,55). Moreover, allelic losses of *4q33-34*, *4q25-26*, and *4p15.1-15.3* appear frequently in SCLCs (56). A concordance between allelic loss on *5q* and *4q12* regions has been observed; however, further studies are required to clarify a possible cooperation between the genes located at *4q12* and *5q* in SCLC development (29). *9p* deletion occurs in a region near to interferon genes and its involvement in SCLC carcinogenesis should be further examined (54,57). *9p21* locus harbors the *CDKN2 p16<sup>INK4A</sup>* gene, whose product is a pivotal cell-cycle negative regulator (see below). Loss of heterozygosity at *9p21* has been associated with short life expectancy (49), probably due to cell-cycle deregulation. Finally, Merlo et al. (57) have detected two putative suppressor loci on chromosome 6 in primary SCLCs. Losses of *13q* and *17p* concern mainly the *Rb* and *p53* genes, respectively, which are discussed below.

LCNECs display deletions at chromosomes *3p*, *4q*, *5q*, *10q*, *13q*, and *15q*, and gains at *5p* and *6p* (37,58). Ullmann et al. (28) have also observed a high frequency of similar alterations at *3p*, *5q*, *5p*, and *13q* in SCLCs and LCNECs, which are related to a poor clinical outcome of these carcinomas. Deletions of *10q*, *16q*, and *17p* are more common in SCLCs than in LCNECs (37). Interestingly, Debelenko et al. (59) have observed in a single case of LCNEC mutation of the *MEN1* (multiple endocrine neoplasia 1) gene, which represents a usual lesion of carcinoids. This finding requires further investigation.

In comparison to high-grade NE tumors, TCs and ACs display fewer chromosomal lesions, explaining their better prognosis (28). In contrast to SCLCs, TCs display a strong FHIT protein expression (45). According to several reports, ACs exhibit an intermediate

level of genetic lesions in *3p*, *9p*, *17p*, *3p14.2*, and *5q* in comparison with TCs, SCLCs, and LCNECs (28,45,49,60,61). In addition, ACs are usually accompanied by losses in *10q* and *13q* (58). TCs and ACs have frequent aberrations on chromosome *11q*, which includes the *MEN1* gene domain (28,49,62–64), but this is not the case for SCLC tumors (58). According to some researchers, loss of heterozygosity of *11q* is more common in ACs than in TCs (61,65).

#### Microsatellite Alterations

This type of genomic instability seems to be present in a variety of malignancies, including SCLCs (23 and references therein). Compared to replication error-type instability, microsatellite alterations (MAs) affect larger tandem repeat DNA sequences (tetra- or pentanucleotides), involve only a few loci, and lack mutations in the mismatch-repair genes *hMLH1*, *hPMS1*, *hPMS2*, and *hMSH2* (66). MAs are more frequent in SCLCs than in other histologic types of lung cancer (51,67) and may be detected in plasma DNA of SCLC patients (23,67–71). Interestingly, a significant incidence of microsatellite instability is also present in the adjacent normal epithelium of SCLCs, indicating the great extent of genetic damage in these carcinomas (23). The prognostic role of MAs is still a matter of debate (68,71). Neither TCs nor ACs present microsatellite instability at chromosome *3p* loci, and this probably reflects a different carcinogenetic evolution in these tumors than that of SCLCs (67).

### Molecular Alterations (Tables 2 and 3)

#### Extracellular and Cell Membrane Factors

*Growth Factors and Growth Factor Receptors* Epidermal growth factor (EGF), as well as transforming growth factor- $\alpha$  (TGF- $\alpha$ ), amphiregulin (AR), CRIPTO, heregulin, and heparin-binding EGF are members of the EGF family. The actions of EGF, TGF- $\alpha$ , and AR are mediated through the EGF receptor (EGFR), which implies parallel functional roles in carcinogenesis (72). EGF signaling plays a modulatory role in tumor cell adhesion to extracellular matrix (ECM) proteins via integrins, either by inhibiting or by stimulating this process (73). A synergistic interaction has been observed between EGF and thrombospondin-1 (TSP-1), an adhesive protein (see below), which leads to neurotypic differentiation and growth suppression of SCLCs via  $\alpha3\beta1$  integrin-mediated adhesion of SCLC cells on TSP-1 (74). The interaction between these molecules in SCLCs must be further explored.

EGFR, the product of the *HER-1* oncogene, is a 170-kD TM glycoprotein with intracellular tyrosine kinase activity. Together with *c-erbB-2*, *c-erbB-3*, and *c-erbB-4* they form the class I GFRs (75). There is a lot of controversy on whether SCLCs express EGFR or not (23,76–78). *c-erbB-2*, also known as *HER-2/neu*, is an oncogene located in *17p11.2-p12* and its product is p185 (75). Micke et al. (79) have observed that *c-erbB-2*

**Table 2.** The status of the various factors in relation to the spectrum of NE tumors

| Factors          | Status in the Spectrum of Aggressiveness (from TCs to SCLC) | References                           |
|------------------|-------------------------------------------------------------|--------------------------------------|
| Aneuploidy       | Increasing                                                  | 133,120                              |
| Bak              | Highly expressed in carcinoids                              | 126                                  |
| Bax              | Decreasing                                                  | 23,112,124                           |
| Bcl-2            | Increasing (decrease in metastatic SCLCs)                   | 23,112,124                           |
| BCL-X            | Expressed in TCs                                            | 127                                  |
| c-ets-1          | Highly expressed in high-grade NE tumors                    | 179                                  |
| CD44S            | Decreasing                                                  | 100                                  |
| CD44v6           | Its loss is associated with aggressivity                    | 100                                  |
| CD99             | Expressed only in TCs                                       | 102–104                              |
| Ki-67 labeling   | Increasing                                                  | 114,193,194                          |
| MCL-1            | Highly expressed in carcinoids                              | 126                                  |
| PAI-1            | Increasing                                                  | 188                                  |
| PAI-2            | Decreasing                                                  | 188                                  |
| p53              | Increasing                                                  | 60,100,126                           |
| Rb               | Decreasing                                                  | 11,38,58,134,135,<br>143–145,148–152 |
| Topo II $\alpha$ | Increasing (although there are no reports for LCLCs)        | 254,263,266                          |
| u-PA             | Increasing                                                  | 187,188                              |

Abbreviations: SCLC, small-cell lung cancer; TC, typical carcinoids; LCLC, large-cell lung carcinoma.

expression correlates with poor prognosis in extensive disease or advanced stage of SCLCs.

The insulin-like growth factor (IGF) family consists of IGF-I, IGF-II, and relaxin. They bind to IGF-I and -II receptors, which bear tyrosine kinase activity (80). IGFs participate in mitogenesis, transformation, and survival of cells through endocrine, autocrine, and paracrine stimulation (81). Specifically, IGF-I mediates proliferation of the SCLC tumor cells via an autocrine feedback loop (82).

**Cell Adhesion and Matrix Molecules** Integrins are a group of TM glycoproteins with two subunits ( $\alpha$  and  $\beta$ ) that participate mainly in cell-to-matrix interactions (83). In comparison to NSCLC cells, integrins in SCLC cells are underexpressed and are composed of fewer types. Integrin  $\alpha 3 \beta 1$  is the predominant cell surface  $\beta 1$  integrin molecule in SCLCs (84–86).  $\alpha 3 \beta 1$  may be described as a multiple receptor: it interacts with laminin, collagen, entactin, and fibronectin at different receptor-binding domains in the presence of specific cations (84,87–89). It is considered to be the most important laminin-binding integrin for the anchorage of alveolar and bronchial epithelial cells to the basement membrane of human lung (90). It has been reported that SCLC cells expressing *c-myc* display decreased expression of  $\alpha 3 \beta 1$ , an event that could explain the poor prognosis in SCLCs with *c-myc* overexpression (91).

Cadherins (CDHs) are TM glycoproteins containing dimeric, zipper-like adhesive structures that enable cellular interactions in the presence of calcium. SCLCs express several types of CDHs, including epithelial CDH (E-CDH). It has been suggested that CDH-mediated adhesion is regulated by the small GTP-binding protein Rho in SCLCs (92). E-CDH forms a structural complex with the cytoplasmic  $\beta$ -catenin molecule. Impairments in the E-CDH/catenin complex have been associated with tumor invasion and metastasis in cancer cells (93,94). It has been shown that the E-CDH/catenin complex is expressed in most NE tumors, without relating to the histologic subtype and hence displaying no prognostic value. However, loss of complex expression was detected in isolated invasive tumor cells and it is probable that these cells may become the progenitors of a more aggressive population (95).

Catenins are intracellular cytoplasmic proteins comprising  $\beta$ - and  $\gamma$ -catenin, which bind to E-CDH, and  $\alpha$ -catenin, which mediates the linkage of this complex to the cytoskeleton (96). Tyrosine phosphorylation of  $\beta$ -catenin may lead to an enhanced migration capacity of lung cancer cells (97).  $\beta$ -catenin cytoplasmic overexpression is associated with poor prognosis in SCLCs (98); however, its nuclear expression does not seem to have any prognostic significance in NE tumors (95).

**Table 3. Molecular markers with a postulated prognostic significance in NE tumors**

| Proteins         | Comments                                                               | References     |
|------------------|------------------------------------------------------------------------|----------------|
| $\beta$ -catenin | Its cytoplasmic overexpression has negative prognostic role in SCLCs   | 98             |
| Bcl-2            | Arguable prognostic role in SCLCs/adverse prognosis in large NE tumors | 121–123,125    |
| bFGF             | Favorable prognostic significance in SCLCs                             | 210            |
| CD44             | CD44v6 is correlated with tumor aggressiveness in NE tumors            | 100            |
| c-erbB-2         | Poor prognosis in advanced SCLCs                                       | 79             |
| c-myc            | Negative prognostic value in SCLCs                                     | 160,163        |
| MMP-3            | Unfavorable prognostic significance in SCLCs                           | 185            |
| MMP-11           | Adverse prognosis in SCLCs                                             | 185            |
| MMP-14           | Negative predictive value in SCLCs                                     | 185            |
| L-myc            | Correlated with variant SCLC/ambiguous predictive value                | 32,160,163     |
| Metallothionein  | Adverse prognostic significance in SCLCs                               | 134            |
| N-myc            | Correlated with variant SCLC/ambiguous predictive value                | 32,169,163     |
| PAI-2            | Favorable prognostic value in NE tumors                                | 188            |
| p53              | Arguable prognostic role in NE tumors                                  | 60,126,133,134 |
| P-glycoprotein   | Its expression has negative prognostic role in SCLCs                   | 255–257        |
| pRb              | LOH is related to a poor clinical outcome in NE tumors                 | 49             |
| Telomerase       | Adverse prognostic significance in NE tumors                           | 183            |
| TIMP-1           | Associated with better response to therapy                             | 185            |
| Topo II $\alpha$ | Its elevation correlates with adverse prognosis in SCLCs               | 121            |
| VEGF             | Related to chemoresistance and adverse prognosis in SCLCs              | 206,207        |

*Abbreviations:* SCLC, Small-cell lung cancer; NE, neuroendocrine; LOH, Loss of heterozygosity.

CD44 is a TM glycoprotein that belongs to the immunoglobulin superfamily, acting as an ECM-binding glycan as well as a hyaluronate receptor. It has a number of variant isoforms. These isoforms (CD44v1–v10) are the product of alternative splicing; the most abundant isoform is CD44 standard (CD44S) (99). CD44S levels decrease in SCLCs and ACs, whereas it is overexpressed in TCs (100). Loss of CD44v6 is associated with more aggressive types of SCLCs and ACs, although it is probably related with nodal metastasis in TCs (100). The CD44v10 variant is mainly expressed in SCLCs, correlating with the expression of characteristic proteins of tumor growth and progression (101).

CD99 is a TM glycoprotein encoded by *MIC2* located both on chromosomes X and Y. It acts as an adhesion molecule, as well as a modulator of the action of IGF-I, insulin, and growth hormone. Its most common application is diagnosis and monitoring of Ewing's sarcoma/peripheral neuroectodermal tumor; however, its biological role still remains elusive (102). CD99 is detected in TCs, but it is not expressed in ACs or LCNECs (102–104).

#### *Apoptosis (Programmed Cell Death) and Bcl-2 Family*

Bcl-2 oncoprotein and the p53 TSG are prominent components of the pathways that regulate cellular

apoptosis. Bcl-2 is a well-characterized inhibitor of programmed cell death, residing on the outer mitochondrial membrane, endoplasmic reticulum, and nuclear envelope. The family of apoptotic regulators also includes BCL-X<sub>L</sub>, BCL-X<sub>S</sub>, Bax, Bad, Bak, MCL-1 (myeloid cell leukemia-1), and other cellular and viral homologs (105). Specifically, Bax and Bak induce apoptosis (106,107), and MCL-1 prevents cell death (108). Bax, a downstream transcriptional target of p53 (109), forms heterodimers with Bcl-2 in vivo (107) and this Bcl-2/Bax balance is important for progression toward apoptosis. MCL-1 has also been shown to interact both with Bcl-2 and Bax (110,111).

The apoptotic index of SCLCs is low (112); the majority overexpress the Bcl-2 protein, thus resisting the apoptotic process (112–120). Although increased levels of Bcl-2 have been described as correlating with a short life expectancy (121), other studies did not confirm this relationship (122). However, Bcl-2 presence may be important for the overall outcome of the patient; it can modulate the cytotoxicity of some anticancer drugs by inhibiting apoptosis (123). A possible mechanism for this effect is the inhibition of loss of the mitochondrial transmembrane potential and the prevention of the release of cytochrome c (120). In contrast to SCLCs, carcinoids display low Bcl-2 and augmented Bax expression levels (23,112).

The interesting observation, that in metastatic SCLCs both *Bcl-2* and *Bax* expression are decreased, may be indicative of development of metastatic clones that are resistant to apoptosis (124).

Expression of *Bcl-2*, *Bak*, and *MCL-1* seems to relate to NE differentiation in large-cell lung carcinomas (LCLCs) (125). Interestingly, high apoptotic rates have been detected in LCNECs (112,125). High apoptotic activity and low *Bcl-2* protein expression was correlated with poor prognosis in LCNECs (125). Perhaps this finding, which should be further investigated, reveals a condition that favors the development of apoptosis-resistant metastatic clones, similar to the case of metastatic SCLCs discussed above.

*Bcl-2* is more often expressed and the apoptotic indices are higher in ACs compared to TCs (100,113,126,127), whereas *BCL-X* is overexpressed in TCs (127). In a study by Laitinen et al. (126), *MCL-1* and *Bak* were found to be highly expressed in carcinoid tumors, without, however, being associated with the apoptotic index, or *Bax* or *Bcl-2* expression.

#### Nuclear Factors

The *p53* TSG, mapped to chromosome locus *17p13.1*, participates in multiple cellular activities, such as G1 and G2 checkpoint control, maintenance of genomic integrity, DNA repair, replication, transcription, apoptosis, and differentiation (128,129). Overexpression of *p53*, as well as mutations, are mainly detected in high-grade NE neoplasms (60,100). According to Przygodzki et al. (60), the role of *p53* is to confront the important genetic alterations that are increasing in the spectrum of NE tumors, from TCs to SCLCs. *p53* mutations are detected in the majority of SCLCs (23,38,118,130–132) and are likely to be related with smoking and the carcinogens found in tobacco (23 and references therein). Allelic losses and/or mutations of *p53* seem to be correlated with poorer prognosis in NE lung tumors (60,133), although some studies do not concur (134).

*17p* losses seem to be absent in TCs and rare in ACs (11,58,60,112,127,135–138). Absence of *p53* mutations in TCs might be responsible for their benign clinical course, and their presence in some ACs could explain their higher aggressiveness (60,126).

*p27<sup>KIP1</sup>* protein is a cyclin-dependent kinase (CDK) inhibitor, acting as a negative regulator of the cell cycle. Interestingly, and in contrast to NSCLCs, expression of *p27* is elevated in SCLCs in vivo (139). Our group has observed a similar situation in breast carcinomas, where increased *p27* levels correlate with lymph node metastasis (140). This intriguing finding can be explained by the role of *c-myc*; as Vlach et al. (141) have shown that *c-myc* can induce sequestration of *p27* in a form unable to bind the cyclin E/CDK2 complex. However, Masuda et al. (142) demonstrated that *p27* inhibits cyclin E/CDK2 activity despite *c-myc* action. They further demonstrated that *p27* protects SCLC cells from apoptosis in vivo, especially in conditions of hypoxia and low

vascularity that usually accompany SCLC growth. Nevertheless, the possible mechanisms, which may bypass the cell-cycle inhibitory role of *p27* and provide tumor-growth advantages, should be further studied.

The *p16*-cyclin D1/CDK4,6-Rb pathway is important in the regulation of the G1/S transition and alterations in its various elements are implicated in lung carcinogenesis.

*pRb*, the 105-kDa product of the *retinoblastoma* (*Rb*) gene located on chromosome *13q14*, is a key component of the cell-cycle regulatory machinery, which normally inhibits G1/S transition by sequestering the E2F-1 transcription factor. Alterations that deregulate *pRb* function are common among human malignancies, including NE tumors, with the most frequent being nonsense mutations, aberrant splicing events, and deletions (143–147). Loss of heterozygosity at *Rb* gene is significantly more frequent in SCLCs (67%) than in NSCLCs (31%) (23). Several studies showed that *pRB* expression was absent in high-grade NE tumors, whereas it was detected in TCs and ACs (11,38,58,134,135,143–145,148–152). In only one study, loss of heterozygosity at *Rb* gene has been related to poor prognosis in all NE lung tumors (49).

E2F-1, a member of the E2F family of transcriptional modulators, plays a key regulatory role in cell-cycle progression, apoptosis, and differentiation (153). Eymen et al. (154) demonstrated that E2F-1 is overexpressed in both SCLCs and LCNECs and is accompanied by increased Ki-67 index (see below) and a *Bcl-2*:*Bax* ratio >1, suggesting a strong implication of E2F-1 deregulation in SCLC tumorigenesis. Interestingly, our group reached to a similar conclusion in NSCLCs (155).

The *p16<sup>INK4A</sup>* gene (also known as *CDKN2*, *MtSI*, or *INK4a*), located on chromosome *9p21*, is an inhibitor of CDK4,6 that controls cell-cycle progression by phosphorylating (thus inactivating) *pRb* (156). Homozygous alterations (i.e., deletions, point mutations, aberrant methylation) of this gene occur more frequently in NSCLCs than in SCLCs (143,157). *p16* aberrant methylation has been considered to be an early event in NSCLC carcinogenesis. Additional studies are required to this direction concerning SCLCs and the SCLC-associated normal bronchial epithelium (23 and references therein). Yuan et al. (149) have demonstrated conserved *p16* expression in primary SCLCs that is, however, unable to regulate cell-cycle arrest, possibly due to the inactivation of *pRb*. Interestingly, reintroduction of the *p16* gene in *p16<sup>(-)</sup>* SCLC tumors resulted in the suppression of tumor growth due to the expression of exogenous *p16* protein and the dephosphorylation (hence activation) of endogenous *pRb* (158).

*p15<sup>INK4B</sup>* is a cell-cycle inhibitor that belongs to the INK4 family. The corresponding gene is located in the same region as *p16<sup>INK4A</sup>*. It encodes two protein isoforms, *p15* and *p15.5*, which are highly

expressed in normal lung tissue. Chaussade et al. (159) showed a correlation in the expression of these two proteins in normal lung, which was not found in tumor-associated normal lung and tumors. Furthermore, they demonstrated increasing p15.5 levels from control lung samples to tumor-associated normal lung to low-grade NE tumors, suggesting a role in lung carcinogenesis that warrants further investigation.

Cyclin D1 is the best-characterized member of the G1 cyclin family. It is encoded by the *CCND1* gene located on chromosome 11q13. The cyclin D1/CDK4,6 complex mediates the phosphorylation and functional inactivation of pRb promoting G1/S transition (156). The absence of deregulated cyclin D1 expression (overexpression) in primary SCLCs (23,149) and SCLC cell lines (150) suggests that this molecule is probably not a major player in growth-control escape in SCLCs and that the mechanisms are different from those in NSCLCs, where cyclin D1 is overexpressed.

The *myc* family of proto-oncogenes, comprising *c-myc*, *L-myc*, and *N-myc*, has an essential role in the regulation of cell proliferation and differentiation. The role of each member in SCLC tumorigenesis has not yet been completely defined (160,161); however, their amplification and/or overexpression is very frequent in SCLCs (54,160,162). Notably, only one member of the *myc* family is overexpressed or amplified in one specific carcinoma or cell line (160). Altered expression of *c-myc* is often correlated with adverse prognosis in SCLCs (160,163). The documented presence of *myc* amplification in metastatic lesions rather than primary tumors, in patients treated with chemotherapy, and in variant SCLCs suggest that it is a late event in the progression of these carcinomas (163,164), explaining the correlation with poor prognosis. It has been reported that *c-myc* overexpression occurs in classic SCLC, whereas *L-myc* and *N-myc* overexpression is likely to lead to the variant phenotype of SCLC, perhaps contributing to their characteristic radioresistance and aggressive course (32); however, other groups failed to confirm any prognostic value of *L-myc* or *N-myc* amplification or overexpression in SCLCs (160 and references therein, 163). Gains on 8q, the region harboring *c-myc*, are frequently observed in SCLC and the newly incorporated material often encompasses the *c-myc* locus, indicating its involvement in the carcinogenetic process (165). Furthermore, *c-myc* may be implicated in drug resistance in SCLC cell lines, although the mechanism is not yet fully realized (166,167).

*CC3* is a highly conserved gene encoding a small protein (also known as TIP30) with metastasis-suppressor properties for SCLC (168). *CC3* expression is absent in the highly aggressive variant SCLCs, but it is detected in the less metastatic classic type of SCLCs, in other tumors, and in normal tissue (168). *CC3* introduction in variant SCLCs results in metastatic suppression, that is at least partially

due to activation of apoptosis (169). Furthermore, it has been demonstrated that *CC3* is capable of inhibiting angiogenesis by inducing changes on several angiogenic modulators, ultimately influencing their metastatic potential (170).

*c-raf-1* is a serine/threonine protein kinase that participates in the mitogen-activated protein kinase/extracellular signal-regulated kinase (MAPK/ERK) signal transduction pathways (171). Ravi et al. (172) have shown that an estradiol-regulated type of raf can prevent tumor growth in SCLC cells, through the blockage of neoplastic cells in G1 and G2 phases of the cell cycle. Interestingly, this arrest is accompanied by p27 induction. Activation of ras may recruit raf to the cell membrane, where it is potentiated via tyrosine phosphorylation (173,174). Nevertheless, it should be noted that *ras* mutations are very rare in SCLCs (60,66), and no mutations of *c-raf* have been detected in NE lung tumors (60), leaving the significance of raf an open issue.

The raf-MEK-MAPK pathway has been shown to relate with Notch signaling (175). Notch proteins play a critical role in nervous system development, by inhibiting basic helix-loop-helix transcription factors, such as hASH1 (human achaete-scute homolog-1). As far as the SCLC cells are concerned, Notch proteins induce p21 and p27 as well as the ras pathway, whereas they down-regulate hASH1, resulting in cell-cycle arrest in G1 phase. The effect of Notch activation seems to be the suppression of SCLC growth (175). However, the Notch signaling pathway has to be further analyzed, not only in SCLCs but also in the rest of the NE lung tumors.

*c-kit* is a proto-oncogene encoding a tyrosine kinase receptor. Its ligand is the stem cell factor (SCF). The SCF/*kit* autocrine loop is functional in the majority of SCLCs and is a contributor to growth-factor independence of SCLC (176). Furthermore, SCF may act as a chemotactic factor for SCLC (23,55). Interestingly, *c-myc* seems to be a direct or indirect modulator of *c-kit* expression in SCLC (176).

*c-ets-1*, a proto-oncogene encoding a transcription factor, modulates ECM-degrading protease gene expression during tumor invasion. It is considered to be involved in angiogenesis during wound healing in humans (177), and it was suggested that basic fibroblast growth factor (bFGF; see below) and tumor necrosis factor (TNF- $\alpha$ ) are possible candidates for inducing *c-ets-1* gene transcription in fibroblasts in vitro (177,178). *c-ets-1* is expressed in NE tumors of advanced stages—SCLCs and LCNECs—suggesting a potential role in tumor invasion (179).

#### Enzymes

Human telomeres consist of tandem repeats (TTAGGG), a number of which are lost by the end of each cell division cycle. The ribonucleoprotein telomerase is capable of synthesizing such telomeric sequences, thus protecting chromosomal ends from

mitotic senescence (180). The fraction of cells possessing telomerase activity is approximately 100% in SCLCs (66). Telomerase levels are regarded as an indicator of the mortal-to-immortal cell ratio in a tumor. This leads to the conclusion that SCLCs mainly consist of immortal cells (181). It must be noted that telomerase activity is higher in extensive than in limited SCLCs (182). Besides, with the exception of TCs, all NE tumors display high telomerase expression, which seems to be associated with adverse prognosis (183).

Matrix metalloproteinases (MMPs) belong to a family of ECM-degrading enzymes, participating in tumor invasion, metastasis, and angiogenesis. To date, 16 MMPs have been identified, either in insoluble form or as TM proteins on the cell surface (184). The available information concerning SCLCs and generally NE tumors is very limited. Michael et al. (185) have observed elevated expression of MMP-3, MMP-11, and MMP-14 by SCLC cells, which was associated with adverse prognosis. The activities of MMPs are regulated by a class of proteins known as tissue inhibitors of MMPs (TIMPs) comprising TIMP-1, -2, -3, and -4 (184). TIMPs are widely expressed in SCLCs. However, only TIMP-1 underexpression in SCLCs was found to be statistically significant by multivariate analysis, being associated with better response to therapy (185).

The urokinase-type plasminogen activator (u-PA) is a serine protease that converts plasminogen into plasmin. This event leads to degradation of several components of the ECM. The plasminogen activator inhibitors PAI-1 and -2 control the activity of u-PA. Binding of u-PA to its receptor seems to enhance tumor-cell invasion. The u-PA system is implicated in the activation of several GFs, cell migration, and apoptosis (186). Expression of u-PA is correlated with aggressiveness in NE tumors (187,188). In SCLC and LCNEC both stromal and epithelial u-PA expression are observed, and the stromal expression is related to lymph node metastasis; u-PA is not detectable in TCs (187). PAI-1 and -2 are inversely expressed in the spectrum of NE tumors, with PAI-1 being highly expressed in SCLCs and LCNECs and PAI-2 being more elevated in TCs, thus implying a favorable prognostic value of the latter. A possible mechanism for this is the synergic activity of PAI-1 with u-PA in high-grade NE tumors, in contrast to PAI-2, which probably prevents tumor progression via the blockade of u-PA-mediated proteolysis (188).

### Kinetic Parameters—Proliferation Markers

A controversy exists on whether S-phase fraction has any prognostic value in SCLCs. Tinnemans et al. (189) have failed to confirm any prognostic significance in these carcinomas, probably due to the small cohort of patients in their study. Nevertheless, it must be noted that S-phase fraction differs in

limited and extensive disease, probably reflecting the aggressiveness of the tumor (190).

Proliferating cell nuclear antigen (PCNA) is a 36-kDa non-histone nucleoprotein that binds to DNA polymerase and participates in DNA replication. Reaching its peak concentration during the S phase, PCNA provides a useful tool for the identification of cycling cells (191). PCNA labeling index can be a diagnostic tool for distinguishing between TCs and ACs (135). However, its role as a prognostic marker is very limited in patients with SCLC (134).

The most reliable method for estimating the proliferating status is immunohistochemical analysis using the nuclear marker Ki-67, a monoclonal antibody assessing the growth fraction of human tumors (192). Increased proliferation rates have been suggested to associate with higher grade of NE lung tumors (193,194). More specifically, SCLCs exhibit a high proliferative activity, which reflects their extremely fast growth (114). Increased proliferation is associated with poor survival in SCLCs and well-differentiated NE carcinomas (121,133,195). Finally, proliferation rates are more elevated in ACs than in TCs, implying a higher risk for patients with ACs (11,126,127,135,196).

### Angiogenetic Factors and Angiogenesis

Angiogenesis, the formation of new blood vessels, represents an essential process for tumor growth and metastasis (197). Angiogenesis, assessed by tumor microvessel density, does not bear any relation to the grade of NE tumors (194). Specifically, it cannot be characterized as an indicator of metastatic potential in carcinoids (198) and it is not associated with metastatic status, tumor size, or prognosis in SCLCs (199). However, the prognostic role of the inducers and inhibitors that control the angiogenetic process appears to be very promising.

Vascular endothelial growth factor (VEGF) is a potent inducer of angiogenesis that acts by forming heterodimeric complexes with two tyrosine kinase receptors: VEGF receptor 1 or Flt-1 (Fms-like tyrosine kinase), and VEGF receptor 2, also known as KDR/Flk-1 (kinase insert domain-containing receptor) (200,201). VEGF has been shown to increase during lung cancer progression and this up-regulation is often associated with hypoxia (202,203). VEGF is also able to up-regulate the expression of its receptors in ischemic conditions, contributing with a positive feedback to tumor angiogenesis (203,204). Tissue VEGF protein expression was positively associated with vessel density in SCLC cell lines (205). Two reports have shown by multivariate analysis that high serum levels of VEGF are correlated with short life expectancy (206,207). Specifically, Salven et al. (206) have suggested that increased levels of VEGF detected before chemotherapy are correlated with chemoresistance and, therefore, with adverse prognosis in SCLC patients.



The FGF family members ally with heparin sulfate in the ECM, forming a reservoir of GFs that participate in development, hematopoiesis, angiogenesis, and wound repair (208). The best-characterized members are FGF-1 (acidic FGF) and FGF-2 (bFGF). bFGF was found to act synergistically with VEGF *in vivo* (209). Augmented tissue bFGF levels were not correlated with vessel density in SCLC xenografts (205). However, Ueno et al. (210) have recently demonstrated that increased serum bFGF levels not only associate with favorable prognosis of SCLC patients, but they are detected in those who respond to chemotherapy, suggesting that bFGF could act as a monitor marker in patients with SCLCs.

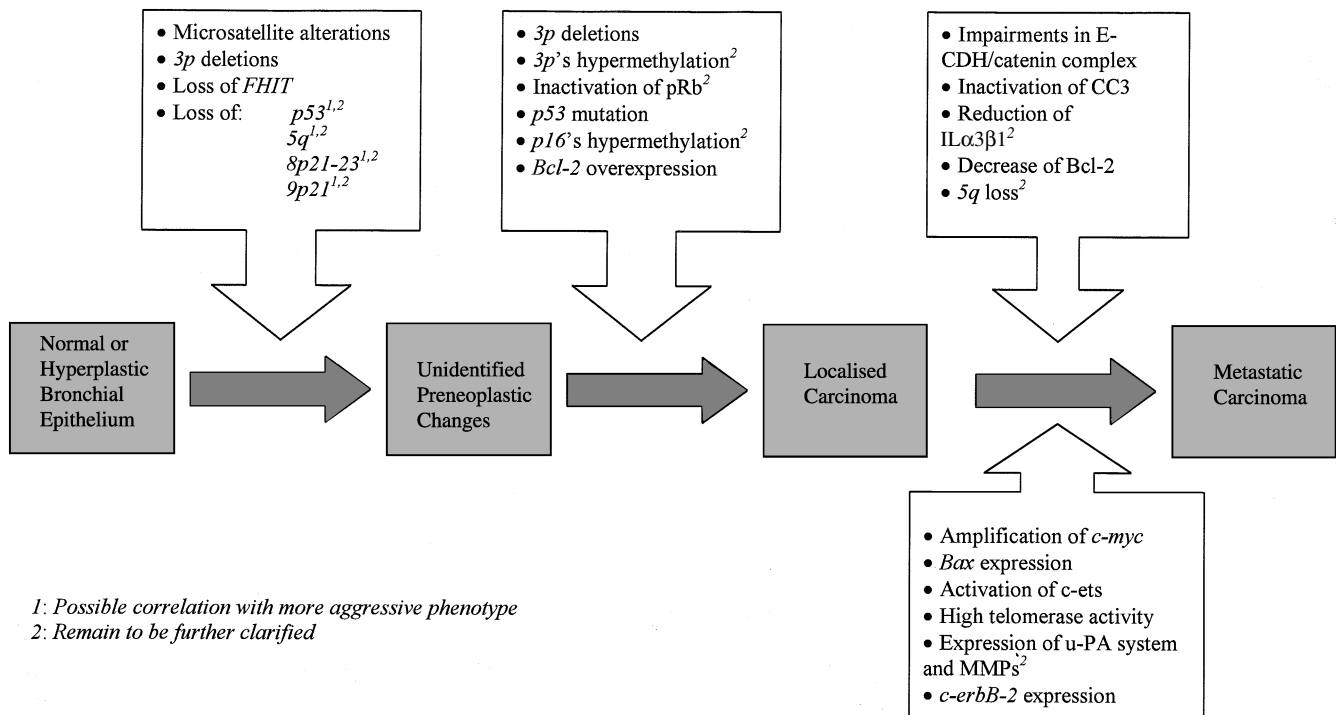
TSP-1 is an ECM protein regulating growth, motility, and adhesion of cells, which can act as an angiogenic inhibitor. TSP-1 expression is regulated by p53 (211). As mentioned, TSP-1 induces  $\alpha3\beta1$  integrin adhesion and neurite-like differentiation, and it prevents proliferation of SCLC cells (74). Alterations of TSP-1 in SCLCs is a research area awaiting further exploration.

### Early and Late Molecular Events in Carcinogenesis of NE Tumors

The progression of epithelial tumors is accompanied by multiple genetic events. The increasing incidence of these events during the preneoplastic stage is not random, but it is mediated via specific steps (212). Taking into account the progressive deterioration from TCs to SCLCs, NE tumors seem to represent a

progressive clinical spectrum (26). However, in epidemiologic, pathologic, and molecular terms, TCs and SCLCs are distinct, unrelated entities (27,213, 214) and ACs and LCNECs do not appear to represent intermediate stages between them (214), which may be indicative of a different process followed in their development. SCLCs are not accompanied by specific preneoplastic changes, whereas carcinoids are associated with inflammatory lesions in the airway (23,215).

Based on their profiles, it has been proposed that SCLCs may originate from either normal or hyperplastic epithelia, without passing through characteristic preneoplastic pathologic changes (Fig. 1) (51). The most characteristic early molecular events, occurring during the course of SCL carcinogenesis, are allele losses and microsatellite alterations. These aberrations, leading to inactivation of several growth-inhibitory pathways (216), are present both in normal bronchial epithelium associated with SCLC, as well as in hyperplasia and squamous metaplasia accompanying SCLCs (23). *3p* deletion is considered to take place in the early stages of SCLC (41,67). *p53* mutation is also an early event (132), which has also been detected in SCLC-associated bronchial epithelium (51). Inactivation of the pRb pathway, including defects of p16, is likely to precede that of *p53* (132,135), leading to disruption of the control between G1 to S phase (23). It has been found that allelic losses at *3p14-25* and *13q12-14*, as well as *13q14* and *17p13* are, respectively, correlated. This finding possibly implies that simultaneous alterations of *FHIT* and *Rb*, as well as *Rb* and *p53*,



1: Possible correlation with more aggressive phenotype  
2: Remain to be further clarified

Fig. 1. Genetic events leading to SCLC. See text for details.

which are located on the respective areas, are necessary for SCLC development (29). Furthermore, *3p* and *p16* are considered to be targets of aberrant methylation in SCLCs (23). Taking into account that hypermethylation is regarded as an early event in NSCLC carcinogenesis, additional studies are needed to define its role in SCLC carcinogenesis.

A number of molecular alterations are necessary for progression to the metastatic stage. Amplification of *c-myc* is considered to be a late event (36). This aberration is more frequently detected in SCLC cell lines derived from metastatic lesions than in primary tumors, in chemotherapy-treated patients, and in variant SCLCs (164). Overexpression of *c-myc* seems to down-regulate  $\alpha 3\beta 1$  integrin (91). Impairments in E-CADHERIN/catenin complex have also been associated with tumor invasion and metastasis (93–95). Moreover, it should be noted that the observed gradual increase of Bcl-2 in the clinical spectrum of NE tumors is not the case for metastatic SCLCs. In metastatic disease Bcl-2 is decreased, with a parallel decrease of Bax, which eventually leads to the attenuation of apoptosis. This may be attributed to the possible development of metastatic resistant-to-apoptosis clones (124). *c-erbB-2* and *c-ets* expression have been associated with extensive disease in SCLCs (79), and it is likely that their expression may enhance tumor invasion (178,179). Inactivation of *CC3* has been observed in the highly aggressive variant SCLCs; it is also expressed in the less metastatic classic type of SCLCs (168). Interestingly, telomerase activity becomes more apparent in extensive than in limited SCLCs (182). MMPs and the u-PA system promote tumor invasion in NE tumors, although additional studies are needed to clarify their role in these tumors (184,187,188).

No specific genetic alteration is linked to metastatic carcinomas (34). One study implied that *5q* loss is a late event in SCLC carcinogenesis, being present in metastatic but not in primary SCLCs (53). However, Wistuba et al. (51) have detected this allelic loss, as well as loss at *8p21-23*, *9p21*, and *17p13*, in bronchial epithelium accompanying invasive SCLCs. It is possible that this early allelic loss can generate a very aggressive clone, which will metastasize. Specifically, the earlier some specific mutations occur, the more aggressive a SCLC tumor will become. The question arising from these observations is whether in case such alterations are detected in premalignant lesions the clinician should look out or expect metastasis. Further investigation is obviously required to address this issue.

## Ploidy

Nuclear DNA content analysis has been assigned some prognostic significance in SCLC. Aneuploid tumors seem to carry a poorer prognosis, with this finding being independent of tumor stage (217). Furthermore, DNA content was proposed as an

indicator of metastatic potential (218). However, other studies failed to confirm any prognostic value of the ploidy in SCLCs (190). Interestingly, Abe et al. (219) have observed that aneuploidy correlates with postoperative chemosensitivity of SCLC; the less aneuploid tumors are more chemoresistant. Kimura et al. (218), using tumor DNA content, demonstrated that peripheral SCLCs are more heterogeneous carcinomas than proximal SCLCs. The former are usually polyclonal and consequently more chemoresistant than the latter. ACs are more frequently aneuploid than TCs (133,220). Aneuploidy in carcinoids has been assigned some prognostic significance (220,221).

## Escape from Immune Surveillance in NE Lung Tumors

Tumor cells develop a variety of immune surveillance escaping mechanisms. The antigen-major histocompatibility complex (MHC) class I complex pathway represents a frequent target in lung cancer (222). It includes (i) MHC class I, which is responsible for the presentation of foreign antigenic peptides to cytotoxic T-lymphocytes; (ii)  $\beta 2$ -microglobulin, which forms the light chain of class I molecules; (iii) LMP2 (latent membrane protein 2), which is a MHC-encoded proteasome subunit; and (iv) TAP (transporters associated with antigen presentation) (223). After degradation of cytoplasmic proteins in proteasome, TAP convey intracellular peptides into the endoplasmic reticulum, so that a complex with MHC class I is created. This complex formation leads to recognition by cytotoxic T lymphocytes (223).  $\beta 2$ -microglobulin has been suggested to be underexpressed in SCLC cell lines (224). Underexpression of *TAP-1* and *LMP2* genes has been observed in SCLC cell lines (224–226), providing a further explanation for the host immune surveillance escape. Interestingly, Singal et al. (226) have suggested that transfection of *TAP* genes may up-regulate *MHC class I* expression.

Host immune defense against lung cancer is reinforced by the presence of tumor-infiltrating lymphocytes (TILs). In human tumors, the majority are T cells. TILs secrete several cytokines that inhibit tumor progression, and it is through such mechanisms that the tumor-associated antitumor action of macrophages is regulated in lung cancer (227). Especially in SCLCs, T cells and macrophages are more abundant (199). It has been shown that a high proportion of intratumoral T cells, CD8 cells, and macrophages seem to improve prognosis in SCLCs (199,228,229), particularly in cases of low-grade tumors (199).

Fas ligand (FasL) and its receptor Fas (also known as APO-1 or CD95) have a modulatory role in the apoptotic process of activated T cells (230). Niehans et al. (231) have shown that both SCLC and NSCLC human cell lines express FasL, suggesting that the FasL–Fas interaction may be a possible mechanism

for the peripheral deletion of tumor-reactive T-cell clones observed in these tumors. Nevertheless, further studies examining the relationship between FasL expression and SCLC disease stage are needed.

The levels of the cytokines IFN- $\alpha$ , IFN- $\gamma$ , TNF- $\alpha$ , and IL-2 are decreased in SCLCs (232). The factor behind this immunosuppressive effect seems to be TGF- $\beta$ 1 (232). TNF- $\alpha$  is primarily produced by macrophages and monocytes (233). Its participation in pulmonary NE cell differentiation of SCLC cell lines has been suggested (234). Kayser et al. (235) have shown that TNF- $\alpha$ -binding sites are expressed in 60–65% of SCLCs and their presence was correlated with intracellular presence of TNF protein. The significance of this finding should be further examined. TNF- $\beta$  is produced by lymphocytes (233). Its 10.5/10.5-kb allele detection has been associated with favorable prognosis in patients with lung cancer (236). Decreased levels of IL-2 have been associated with adverse survival in SCLCs (237,238). In addition, Sarandakou et al. (239) have shown that soluble IL-2 receptors are increased in this type of carcinoma and are correlated with poor prognosis, because IL-2 is unable to participate in cytotoxicity induced by lymphocytes.

The detection of p53 autoantibodies is widely examined as a possible predictive test for lung cancer. Zalcman et al. (240) have reported that p53 antibodies correlate with adverse prognosis in patients with limited stage SCLC. However, other studies have assigned no prognostic value to p53 autoantibodies in SCLCs (241–243). Perhaps the limited life expectancy in SCLCs does not permit the statistical evaluation of the impact of p53 autoantibodies on patient prognosis (241). On the other hand, Murray et al. (244) have recently shown that high levels of p53 antibodies correlate with favorable prognosis. Additional studies could aid in clarifying the role of p53 autoantibodies as a putative prognostic marker.

## Multidrug Resistance

The shield of tumor cells against chemotherapy is multidrug resistance (MDR). The fundamental mechanisms of MDR are either decrease of cellular drug levels or prevention of drug-induced apoptosis (245).

Multidrug resistance-associated protein (MRP) is a TM 190-kDa glycoprotein, member of the ABC (ATP-binding cassette) superfamily. It functions as a TM transporter by keeping drug levels low via active efflux, thus offering MDR to tumor cells (246,247). MRP is present in normal lung tissue and is expressed in SCLC tumor cells, being the main mechanism of MDR in these tumors (248). However, no correlation with chemotherapy response has been demonstrated (121). Besides MRP, the ABC family includes MRP-2, -3, -4, and -5, and among them MRP-3 seems to confer MDR in lung cancer cell lines (249).

P-glycoprotein, encoded by the *MDR1* gene, is another member of the ABC superfamily. Overexpression

of P-glycoprotein causes active efflux of several drugs, leading to MDR (250). Interestingly, P-glycoprotein is rarely expressed in SCLCs (148,251,252). However, Campling et al. (253) detected P-glycoprotein in clinical samples but not in SCLC cell lines, suggesting that it may be related to the clinically acquired MDR in SCLCs. In the same context, Kreisholt et al. (254) noticed an increase in P-glycoprotein in SCLC patients after treatment. Several studies demonstrated that increased P-glycoprotein levels are associated with bad prognosis (255–257). Finally, in carcinoid tumors a relatively high degree of *MDR1* expression has been reported (148), a finding that needs further confirmation.

Another mechanism of MDR, which leads to increased drug detoxification, is that of glutathione (GSH) conjugation and transport of glutathione–drug conjugates out of the cell. This system consists of GSH, GSH-related enzymes, and glutathione-conjugate export pump (GS-X pump). The export of GSH conjugates of anticancer drugs is accomplished either by GS-X pump or by MRP (258). Each factor of this system is capable of rising independently or in conjunction with the other factors of the system in SCLCs. For instance, increase of GSH has been observed in drug-resistant human SCLC lines, without any alteration in the levels of GSH-related enzymes, and increased GSH may be accompanied by elevated activity of GS-X pump in human lung cancer cells (258 and references therein). MDR SCLC cell lines display several alterations of GSH-related enzymes, whose significance is under investigation (259); as current data do not confirm a clear-cut role in drug response (260).

Topoisomerase II (Topo II) participates in DNA replication, transcription, and recombination (261). There are two subtypes of this enzyme: Topo II $\alpha$  (170 kDa) and Topo II $\beta$  (180 kDa). Their expression is not correlated and this may be indicative of their different role in the progression of the cell cycle. Specifically, Topo II $\alpha$  is produced during cell division, and Topo II $\beta$  is expressed throughout the cell cycle, displaying higher levels in resting cells (262,263). It has been demonstrated that the expression of Topo II $\alpha$  is higher in lung carcinomas than in normal lung tissue (263). Additionally, it is more elevated in SCLCs than NSCLCs (254,263); Topo II $\beta$  levels exhibit no significant difference in these carcinomas (263). *Topo II* gene expression is associated with multidrug sensitivity, making it a possible chemosensitivity marker in lung cancer cell lines (264). Pretreatment Topo II $\alpha$  levels are considered to reflect chemosensitivity of SCLC to Topo II $\alpha$ -targeting drugs, such as etoposide, better than MRP and P-glycoprotein do (254). Furthermore, increased levels of Topo II $\alpha$  correlate with adverse prognosis (121). Withoff et al. (265) have suggested that differential underexpression of Topo II $\alpha$  and Topo II $\beta$  may account for the chemoresistance in several SCLC cell lines. In pulmonary carcinoid

tumors, Topo II $\alpha$  expression is more elevated in ACs than in TCs (266).

Metallothionein is a metal-binding protein rich in cysteine that has high affinity for Cd, Cu, and Zn. It has been suggested to correlate with resistance to cisplatin (267). Joseph et al. (134) have shown by multivariate analysis that overexpression of metallothionein is associated with adverse prognosis in SCLC patients receiving chemotherapy.

## Conclusion—Outlook

Progression of aggressiveness in NE tumors does not represent a common and gradual carcinogenetic process from low- to high-grade tumors; different molecular pathways are altered in these histologic lesions. The evaluation of genetic and molecular factors, which are biochemically linked, permits the understanding of the different mechanisms implicated in the pathogenesis of these neoplasms. Among them, a variety of markers bearing a putative diagnostic and prognostic significance have been discussed. Meanwhile, further investigations are needed to confront MDR, which remains the dominant problem in treating SCLC patients. It is obvious that a successful management of NE tumors demands on one hand accurate techniques for monitoring their clinical, molecular, and immunologic status and, on the other hand, the introduction of unconventional therapeutic strategies. The accomplishment of this goal is certainly going to improve patient prognosis through treating each case individually.

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